



**'B' GRADE MEET
(Under ASA Laws & ASA Technical Rules)
Level 3 Licensed Meet**

DATES: Saturday, Sunday, 10th/11th July 2010

VENUE: Aquatics Centre
John Charles Centre for Sport
Middleton Grove
Leeds LS11 5DJ

FACILITIES: Ten lane display electronic timing, 50 metre pool
Diving Pit for warm up/swim down

MEET DIRECTOR John Cole
38 Hazel Avenue
Whinmoor
LEEDS LS14 2HW
Tel: 0791 441 7511
Email :- cityofleedssc@yahoo.co.uk

ENTRIES: The competition is open to swimmers in the following categories, aged 9/10, 11/12 13/14 and 15/over, ages as at 11th July 2010
Entries by special/recorded delivery or which have insufficient postage will be subject to a surcharge fee of £10 if they need to be collected from an address other than the above address for the Meet Director.

All entry times to be converted to long course 50 metres. That all 25m times must be converted to 50m times.

The organisers reserve the right to limit the number of entries for any event.

SWIMMERS ENTERED IN THIS MEET MUST NOT HAVE SWUM FASTER THAN THE STIPULATED ENTRY TIME OR THE EQUIVALENT CONVERTED TIME AT ANY OPEN MEET IN THE 12 MONTHS PRIOR TO 1st JUNE 2010.

Completed entry forms to be returned to the Meet Director and accepted/rejected entries will be posted on the website.

The Meet will be held under ASA Laws and ASA Technical rules.

Closing date for receipt of entries is 5th June 2010

ENTRY TIMES

In the event of a swimmer submitting entry time which is deemed to be false, or unconverted, the Meet Director may choose to reject the entries at any time.

ENTRY FEES:

£5.00 per event
Cheques to be made payable to 'City of Leeds SC'

COACHES PASSES:

£10.00 each to include programme and results sheet only. Coaches without passes will not be allowed on the poolside, in accordance with ASA Child Protection Policy.

ENTRY CARDS:

This meet will be run without entry cards, all heats being pre-seeded.

SEEDING:

All events are Heat Declared Winners. Heats will be seeded according to the submitted times..

ELECTRONIC SCOREBOARD:

Times and places on the electronic scoreboard are for information only and are not necessarily the official result.
The referee's decision is final.

AWARDS:

Awards will be made to the top 8 in each dual age group. Presentations will be made to the top 3 only. Those in positions 4-8 will be able to pick as soon as the results are confirmed.
These age groups are 9/10, 11/12 13/14 and 15/over.

Any swimmer who, on the day, exceeds the "Upper Limit" consideration time, by more than 2 secs in a 50m event, 4 secs. in a 100m event or 8 secs. in a 200m event will be excluded from these awards, but will receive a commemorative "Speeding Ticket".

INDEMNITY

" City of Leeds Swimming Club accepts no responsibility for loss or damage to competitors personal belongings, how so ever caused, unless such damage is caused by the negligence of the City of Leeds Swimming Club"

"City of Leeds Swimming Club and the Meet Organisers are not responsible for individual swimmers on poolside and that responsibility should be taken up by an appropriate individual. All swimmers on poolside should be accompanied by a person with a coaches pass, who has had a CRB check and preferably attended a good practice course."

OFFICIALS

If any visiting teams have any officials who wish to help at the meet, please advise the Meet Director at cityofleedssc@yahoo.co.uk

CORRESPONDENCE

PLEASE DO NOT CONTACT JOHN CHARLES CENTRE FOR SPORT AS THEY WILL HAVE NO INFORMATION ABOUT THE MEET.

Any points not covered to be at the discretion of the Meet Director
Time only and poolside entries will not be accepted.

City of Leeds Swimming Club
"B" Grade GP Series Meet
(Under ASA Laws & ASA Technical Rules)
Aquatics Centre, Leeds, 50m
10th/11th July 2010.

QUALIFYING TIMES.

Submitted entry times must be no faster than the times shown and must be verifiable if proof is requested.

MALE				
DISTANCE	9/10 Years	11/12 Years	13/14 Years	15 years/over
50m Free	0.39.0	0.34.9	0.31.3	0.28.7
100m Free	No event	1.13.7	1.06.9	1.02.6
200m Free	3.03.6	2.40.8	2.25.6	2.16.3
50m Back	0.46.0	0.40.5	0.36.1	0.33.5
100m Back	No event	1.24.1	1.15.0	1.10.3
200m Back	3.25.8	3.00.7	2.42.3	2.31.4
50m Breast	0.51.6	0.44.6	0.39.7	0.36.8
100m Breast	No event	1.34.7	1.24.6	1.18.9
200m Breast	3.57.2	3.25.2	3.02.5	2.51.6
50m Fly	0.43.5	0.38.1	0.34.0	0.31.4
100m Fly	No event	1.21.5	1.12.8	1.07.8
200m Fly	3.50.0	3.03.7	2.39.8	2.31.3
200m I/M	3.29.6	3.02.8	2.44.8	2.33.9

FEMALE				
DISTANCE	9/10 Years	11/12 Years	13/14 Years	15 years/over
50m Free	0.39.8	0.35.4	0.32.9	0.31.9
100m Free	No event	1.15.2	1.10.7	1.08.8
200m Free	3.04.4	2.42.5	2.32.1	2.27.5
50m Back	0.46.0	0.40.9	0.38.0	0.36.6
100m Back	No event	1.24.5	1.19.6	1.17.1
200m Back	3.26.3	3.00.6	2.49.8	2.43.9
50m Breast	0.51.2	0.45.0	0.41.5	0.40.1
100m Breast	No event	1.35.2	1.28.5	1.26.1
200m Breast	3.55.5	3.24.9	3.09.5	3.05.8
50m Fly	0.44.0	0.38.6	0.35.7	0.34.2
100m Fly	No event	1.22.6	1.17.2	1.14.8
200m Fly	3.34.6	3.01.7	2.48.0	2.43.3
200m I/M	3.29.6	3.03.3	2.52.3	2.46.9

PLEASE NOTE THAT ENTRY TIMES WILL BE CHECKED AGAINST THE ASA NATIONAL DATABASE AND WILL BE VIGOROUSLY ENFORCED. ALL SUBMITTED TIMES SHOULD MATCH THOSE ON THE ASA DATABASE.

IN ACCORDANCE WITH A.S.A. LAW 410.3 THE PROMOTER RESERVES THE RIGHT TO REFUSE ANY ENTRY, AND WILL HAVE NO HESITATION IN REFUSING TO ACCEPT ANY ENTRY WHICH IS FOUND TO BE MATERIALLY INCORRECT EITHER BEFORE OR AFTER THE CLOSING DATE.

CITY OF LEEDS B Grade Meet 2010

Summary of Entries

Male Entries	Number	@£5	Cost £
Female Entries	Number	@£5	Cost £
Coaches Passes	Number	@10	Cost £
Total cost			Cost £

Entries to be returned by 5th June 2010.

Signed

Email address

Contact address.....

Poolside Passes

<i>Name of Coach with CRB Check</i>

**CHEQUES TO BE MADE PAYABLE TO CITY OF LEEDS S.C
 PLEASE SEND AN A5 STAMPED ADDRESS FOR RECEIPT OF SWIMS
 ALL DATA WILL BE PUBLISHED ON www.swimleeds.org.uk**

Entries to John Cole, 38 Hazel Avenue, Whinmoor, Leeds LS14 2HW

Entries sent to other addresses will not be accepted

Affiliated to the ASANER

Internet:-www.swimleeds.org.uk

CITY OF LEEDS S.C. B GRADE MEET 2010 – SCHEDULE OF EVENTS

Saturday	Warm-up 08:00	Start 09:00	Sunday	Warm-up 08:00	Start 09:00
Boys	9-12 yrs	200m Individual Medley	Girls	9-12 yrs	50m Freestyle
Girls	9-12 yrs	200m Individual Medley	Boys	9-12 yrs	50m Freestyle
Boys	13/o yrs	100m Butterfly	Girls	13/o yrs	50m Butterfly
Girls	13/o yrs	100m Butterfly	Boys	13/o yrs	50m Butterfly
Boys	11-12 yrs	100m Breaststroke	Girls	9-12 yrs	200m Backstroke
Girls	11-12 yrs	100m Breaststroke	Boys	9-12 yrs	200m Backstroke
Boys	13/o yrs	100m Freestyle	Boys	13/o yrs	200m Breaststroke
Girls	9-12 yrs	200m Butterfly	Girls	13/o yrs	200m Breaststroke
Boys	9-12 yrs	200m Butterfly	Boys	11-12 yrs	100m Backstroke
Girls	13/o yrs	50m Breaststroke	Girls	11-12 yrs	100m Backstroke
Boys	13/o yrs	50m Breaststroke	Boys	13/o yrs	200m Freestyle
Girls	9-12 yrs	50m Backstroke	Girls	13/o yrs	200m Freestyle
Boys	9-12 yrs	50m Backstroke			

Saturday		Start TBC	Sunday		Start TBC
Girls	13/o yrs	100m Freestyle	Girls	13/o yrs	50m Backstroke
Girls	11-12 yrs	100m Freestyle	Boys	13/o yrs	50m Backstroke
Boys	13/o yrs	200m Individual Medley	Girls	9-12 yrs	50m Butterfly
Girls	13/o yrs	200m Individual Medley	Boys	9-12 yrs	50m Butterfly
Boys	11-12 yrs	100m Butterfly	Girls	13/o yrs	200m Butterfly
Girls	11-12 yrs	100m Butterfly	Boys	13/o yrs	200m Butterfly
Boys	13/o yrs	100m Breaststroke	Boys	9-12 yrs	200m Breaststroke
Girls	13/o yrs	100m Breaststroke	Girls	9-12 yrs	200m Breaststroke
Boys	11-12 yrs	100m Freestyle	Boys	13/o yrs	100m Backstroke
Girls	13/o yrs	200m Backstroke	Girls	13/o yrs	100m Backstroke
Boys	13/o yrs	200m Backstroke	Boys	9-12 yrs	200m Freestyle
Girls	9-12 yrs	50m Breaststroke	Girls	9-12 yrs	200m Freestyle
Boys	9-12 yrs	50m Breaststroke			
Girls	13/o yrs	50m Freestyle			
Boys	13/o yrs	50m Freestyle			

Affiliated to the ASANER

Internet: -www.swimleeds.org.uk

**CITY OF LEEDS SWIMMING CLUB
B GRADE MEET 10th/11th JULY 2010**

Entry form for visiting clubs only(Co Leeds swimmers must enter through the club)

Name _____
 Reply Address _____

 Telephone _____

Club _____

CLOSING DATE FOR ENTRIES 5th June 2010

BOYS/GIRLS

Full Name	DOB /ASA Reg No.	FREESTYLE			BACKSTROKE			BREASTSTROKE			BUTTERFLY			I/M
		50m	100m	200m	50m	100m	200m	50m	100m	200m	50m	100m	200m	

Entries to **John Cole**
38 Hazel Avenue
Whinmoor
LS14 2HW

Entries @ £5.00 £ _____

Do not mix boys and girls entries on same page

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