



NATIONAL ARENA SWIMMING LEAGUE (NASL)

SELECTION POLICY

The team for the National Arena Swimming League (NASL) will be selected from the Club Rankings. Selection will be based on age as of the 31st December 2010

1. INDIVIDUAL EVENTS

Ages eligible for selection:

Males: aged 10 years and above
Females: aged 10 years and above

The fastest team will be selected according to the rules of the competition, which state that a swimmer may swim in any number of events, subject to a maximum of three individual events, two in their own age group (this includes three individual events in the open age group) and one event in the age group above.

Under normal circumstances the highest ranked available swimmer according to the ASA and Club Rankings will be selected. However, the NASL Head Coach reserves the right to select other swimmers in order to provide the best overall result for the teams.

2. RELAY EVENTS

Ages eligible for selection:

Males: aged 9 years and above
Females: aged 9 years and above

Freestyle Relay Selection

The 4x50m Freestyle Relay will be made up of the 4 highest ranked available swimmers. However, the NASL Head Coach reserves the right to select other swimmers in order to provide the best overall result for the teams.

Medley Relay Selection

The 4x50m Medley Relay will be made up of those swimmers who have been selected for each of the individual events in their own age group. However, the NASL Head Coach reserves the right to select other swimmers in order to provide the best overall result for the teams.

3. COACHES

The Coaches for the NASL will be selected by the Head Coach or in his absence, the Head Age Group Coach.

Selected coaches must make themselves available to travel as part of the team and stay overnight in a team hotel if required.

4. GENERAL

Only those swimmers who are registered members of the City of Leeds Swimming Club before the 1st October 2010 will be selected for the National Arena Swimming League.

It is the membership's responsibility for ensuring that their Club Rankings are up-to-date via the Club Manager.

Swimmers becoming unfit due to illness or injury at any time between selection and the day of the competition must notify the NASL Head Coach immediately. Any swimmer judged to be unfit by the NASL Head Coach may be de-selected in the interest of the team.

The replacement of swimmers who have withdrawn or have been de-selected will be the remit of the NASL Head Coach.

All selected team members for National Arena Swimming League will be required to sign and comply with the club's Code of Conduct.

At all rounds when on poolside, swimmers MUST wear the full City of Leeds Swimming Club team kit including t-shirts, tracksuits/shorts (or tracksuits and shorts in club colours if swimmers do not have club kit) and club swim caps for those who wear them when racing.

In all matters concerning team selection, The NASL Head Coach reserves the right on occasion to select swimmers that fall outside the normal selection policy to ensure the best possible result for the team.

Selected swimmers must make themselves available to travel as part of the team and stay overnight in a team hotel if required.

Transport to the venue will be provided by the City of Leeds Swimming Club if it is deemed necessary. A contribution may be requested from swimmers at the discretion of the City of Leeds Swimming Club.