



NATIONAL JUNIOR SWIMMING LEAGUE SELECTION POLICY

The team for the National Junior Swimming League (NJSL) will be selected from the ASA Rankings and results from previous rounds.
Selection will be based on **age as of National Final (Last Sunday in November) for 9 Years Age Group, and 31st December for all other ages.**

1. INDIVIDUAL EVENTS

Ages eligible for selection:

Males: aged 9 years and above
Females: aged 9 years and above

- 1.1 The fastest team will be selected according to the rules of the competition, which state that a swimmer may swim in any number of events, subject to a maximum of three individual events, two in their age group and one event in the age group above.
- 1.2 Under normal circumstances, the highest-ranked available swimmer according to the ASA Rankings will be selected. However, the NJSL Head Coach reserves the right to select other swimmers to provide the best overall result for the teams.
- 1.3 Current competition performances and also results from the previous rounds will be taken into consideration when selecting the team that will provide the most successful result for the club.

2. RELAY EVENTS

Ages eligible for selection:

Males: aged 9 years and above
Females: aged 9 years and above

2.1 Freestyle Relay Selection

- 2.1.1 The 4x25m Freestyle Relay will be made up of the 4 highest ranked available swimmers. However, the NJSL Head Coach reserves the right to select other swimmers to provide the best overall result for the teams.
- 2.1.2 Current competition performances and also results from previous rounds will be taken into consideration when selecting the team that will provide the most successful result for the club.

2.2 Medley Relay Selection

- 2.2.1 The 4x25m Medley Relay will be made up of those swimmers who have been selected for each of the individual events in their age group. However, the NJSL Head Coach reserves the right to select other swimmers to provide the best overall result for the teams.
- 2.2.2 Current competition performances and also results from previous rounds will be taken into consideration when selecting the team that will provide the most successful result for the club.

3. COACHES

- 3.1 The Coaches for the NJSL will be selected by the Head Coach or in his absence, the Senior Age Group Coach.
- 3.2 Selected coaches must make themselves available to travel as part of the team and stay overnight in a team hotel if required.

4. GENERAL

- 4.1 Only those swimmers who are registered members of the City of Leeds Swimming Club will be selected for the National Junior Swimming League.
- 4.2 Swimmers who not race fit due to illness or injury at any time between selection and the day of the competition must notify the NJSL Head Coach immediately. Any swimmer judged to be unfit by the NJSL Head Coach may be de-selected in the interest of the team.
- 4.3 The replacement of swimmers who have withdrawn or have been de-selected will be of the remit of the NJSL Head Coach. A replacement swimmer will be selected and notified as soon as possible.
- 4.4 All selected team members for the National Arena Swimming League will be required to sign and comply with the club's Code of Conduct.
- 4.5 At all rounds when on poolside, swimmers **MUST** wear the full City of Leeds Swimming Club team kit including t-shirts, tracksuits/shorts (or tracksuits and shorts in club colours if swimmers do not have club kit) and club swim caps when racing. Swimmers are also expected to remain with the team for the duration of the event. They will not be released from poolside until the event is complete.
- 4.6 In all matters concerning team selection, The NJSL Head Coach reserves the right on occasion to select swimmers that fall outside the normal selection policy to ensure the best possible result for the team.
- 4.7 Selected swimmers must make themselves available to travel as part of the team and stay overnight in a team hotel if required. Transport to the venue will be provided by the City of Leeds Swimming Club if it is deemed necessary. A contribution may be requested from swimmers at the discretion of the City of Leeds Swimming Club.