

# City of Leeds Swimming Club Regional and National Championship Relay Selection Policy.



## Purpose –

This selection policy provides a framework for the coaching team to follow when making selection decisions for relay teams at Regional and National Championships. The aim is to select the fastest teams possible in all events and challenge for National Medals in as many events as possible.

## Eligible Age Group -

Males: 17+ years (Age at 31<sup>st</sup> Dec)

Females: 17+ years (Age at 31<sup>st</sup> Dec)

## Relay Events -

4 x 100m Freestyle Relay

4 x 200m Freestyle Relay

4 x 100m Medley Relay

## General Selection Guidance -

- In all events the fastest team will be selected for the A team. Subsequent teams will be filled from available swimmers from fastest to slowest.
- Only registered members of the City of Leeds Swimming Club are eligible.
- To be eligible for selection a swimmer must have registered a time in the selection event either as an individual swim or as part of a relay, within the last 12 months. A corrective adjustment of 0.8s will be made to times for relay splits to provide a balanced comparison against individual swims.
- The Coaching Team led by the Head Coach of the City of Leeds SC will reserve the right to adjust team selections dependent on the current form of swimmers within the meet.
- Swimmers becoming unavailable to race through illness or injury should inform the Head Coach at the earliest opportunity. Replacements will be used to ensure the next fastest possible team is selected.
- The Coaching Team may use their discretion to select swimmers outside of the policy to ensure the best possible team performance.

## Other –

- All selected swimmers must comply with the City of Leeds Swimming Clubs Code of Conduct.
- All selected swimmers must wear full team kit whilst on poolside and when racing.
- Selected swimmers will have the option to stay at the team accommodation before relay events.

