

CITY OF LEEDS S.C.

### IN ASSOCIATION WITH LCC



### 2015 OCTOBER LEVEL 2 MEET

**AT** 

# AQUATICS CENTRE JOHN CHARLES CENTRE FOR SPORT

SAT 24TH OCTOBER /SUN 25TH OCTOBER 2015

### 2015 **City of Leeds October Level 2 Meet**

(Under ASA Laws & FINA Technical Rules)

Saturday 24th October/ Sunday 25th October 2015 **DATES:** 

**VENUE:** Aquatics Centre

John Charles Centre for Sport

Middleton Grove Leeds LS11 5DJ

**FACILITIES:** 10 lane display electronic timing, 25 metre pool

Diving Pit for warm up / swim down

**MEET DIRECTOR** V Spencer GALA ENTRY SECRETARY Stanley House

68A High Street

Morley LS27 0BY

Email:- leedsentries@gmail.com

**ENTRIES:** The competition is open to swimmers in the following age group, 13,

14 15 16, 17/over, ages as at 31st December 2015. Late entries will be

at the discretion of the promoter.

Should entries be over-subscribed, entries will be rejected on basis of

slowest submitted times within each age group

All entry times to be converted to short course 25 metres. All club entries must be submitted via ELECTRONIC ENTRY FILE THAT CAN BE DOWNLOADED FROM THE CITY OF LEEDS WEBSITE. Entries to be returned by 21 September 2015

**PURPOSE OF MEET** To allow swimmers to achieve County, District and National

qualifying times.

All Events will be Heats and Finals expect for 400m events which will **Heats and Finals** 

be HDW

"City of Leeds Swimming Club accepts no responsibility for loss or **INDEMNITY** 

damage to competitors personal belongings, how so ever caused, unless

such damage is caused by the negligence of the City of Leeds

Swimming Club"

"City of Leeds Swimming Club and the Meet Organisers are not responsible for individual swimmers on poolside and that responsibility should be taken up by an appropriate individual. All swimmers on poolside should be accompanied by a person with a coaches pass, who

has had a DBS check and preferably attended a good practice course."

**SPECTATOR FACILITIES** Please note that swimmers will not be allowed in the spectator area.

Swimmers should stay in the swimmers area.

Any points not covered to be at the discretion of the Meet Director

Headquarters, Aquatics Centre, John Charles Centre for Sport, Middleton Grove, Leeds LS11 5DJ Affiliated to the ASANER

Internet:-www.swimleeds.org.uk

#### **Event Schedule**

Girls 17/OV Boys 13/14

Boys 15/16

### Saturday 24th October 2015

Session 1 Heats	Warm Up 08:	00am Start 09:00am
101 Boys 13/0 102 Girls 13/0 103 Boys 13/0 104 Girls 13/0 105 Boys 13/0 106 Girls 13/0 107 Boys 13/0 108 Girls 13/0	OV 200M Individual Medley OV 100M Butterfly OV 100M Freestyle OV 100M Breaststroke OV 200M Backstroke OV 50M Butterfly	DW
Girls 13/14 Girls 15/16 Girls 17/OV Boys 13/14 Boys 15/16 Boys 17/OV Girls 13/14 Girls 15/16 Girls 17/OV Boys 13/14 Boys 15/16 Boys 17/OV Girls 13/14 Girls 15/16 Boys 17/OV Girls 13/14 Girls 15/16 Girls 17/OV Boys 13/14 Girls 15/16 Girls 17/OV Girls 13/14 Girls 15/16 Girls 17/OV Girls 13/14 Girls 15/16 Girls 17/OV	200M Individual Medley 200M Individual Medley 200M Individual Medley 100M Butterfly 100M Butterfly 100M Freestyle 100M Freestyle 100M Freestyle 100M Breaststroke 100M Breaststroke 100M Breaststroke 200M Backstroke 200M Backstroke 200M Backstroke 50M Butterfly 50M Butterfly 50M Butterfly 50M Backstroke 50M Backstroke 50M Backstroke	
Session 2  201 Boys 13/0 202 Girls 13/0 203 Boys 13/0 204 Girls 13/0 205 Boys 13/0 206 Girls 13/0 207 Boys 13/0 208 Girls 13/0 Finals	200M Freestyle 200M Breaststroke 200M Backstroke 200M Butterfly 200M Freestyle 200M Breaststroke 200M Breaststroke 200M Breaststroke 200M Individual Medley	
Girls 13/14 Girls 15/16	200M Freestyle 200M Freestyle	

200M Freestyle

200M Breaststroke

200M Breaststroke

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Boys	17/OV	200M Breaststroke
Girls	13/14	100M Backstroke
Girls	15/16	100M Backstroke
Girls	17/OV	100M Backstroke
Boys	13/14	200M Butterfly
Boys	15/16	200M Butterfly
Boys	17/OV	200M Butterfly
Girls	13/14	50M Freestyle
Girls	15/16	50M Freestyle
Girls	17/OV	50M Freestyle
Boys	13/14	50M Breaststroke
Boys	15/16	50M Breaststroke
Boys	17/OV	50M Breaststroke
Girls	13/14	100M Individual Medley
Girls	15/16	100M Individual Medley
Girls	17/OV	100M Individual Medley

### Sunday 25th October 2015

#### Session 3

### Warm Up 08:00am Start 09:00am

301	Girls 13/OV	400M Individual Medley HDW
302	Boys 13/OV	200M Individual Medley
303	Girls 13/OV	100M Butterfly
304	Boys 13/OV	100M Freestyle
305	Girls 13/OV	100M Breaststroke
306	Boys13/OV	200M Backstroke
307	Girls 13/OV	50M Butterfly
308	Boys 13/OV	50M Backstroke

### Finals

Boys	13/14	200M Individual Medley
Boys	15/16	200M Individual Medley
Boys	17/OV	200M Individual Medley
Girls	13/14	100M Butterfly
Girls	15/16	100M Butterfly
Girls	17/OV	100M Butterfly
Boys	13/14	100M Freestyle
Boys	15/16	100M Freestyle
Boys	17/OV	100M Freestyle
Girls	13/14	100M Breaststroke
Girls	15/16	100M Breaststroke
Girls	17/OV	100M Breaststroke
Boys	13/14	200M Backstroke
Boys	15/16	200M Backstroke
Boys	17/OV	200M Backstroke
Girls	13/14	50M Butterfly
Girls	15/16	50M Butterfly
Girls	17/OV	50M Butterfly
Boys	13/14	50M Backstroke
Boys	15/16	50M Backstroke
Boys	17/OV	50M Backstroke

#### Session 4 TBC

401	Girls 13/OV	400M Frestyle	HDW
402	Boys 13/OV	200M Freestyle	
403	Girls 13/OV	200M Breaststro	ke
404	Boys 13/OV	100M Backstroke	ر د

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405	Girls 13/OV	200M Butterfly
406	Boys 13/OV	50M Freestyle
407	Girls 13/OV	50M Breaststroke
408	Boys 13/OV	100M Individual Medley

#### Finals

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Boys	13/14	200M Freestyle
Boys	15/16	200M Freestyle
Boys	17/OV	200M Freestyle
Girls	13/14	200M Breaststroke
Girls	15/16	200M Breaststroke
Girls	17/OV	200M Breaststroke
Boys	13/14	100M Backstroke
Boys	15/16	100M Backstroke
Boys	17/OV	100M Backstroke
Girls	13/14	200M Butterfly
Girls	15/16	200M Butterfly
Girls	17/OV	200M Butterfly
Boys	13/14	50M Freestyle
Boys	15/16	50M Freestyle
Boys	17/OV	50M Freestyle
Girls	13/14	50M Breaststroke
Girls	15/16	50M Breaststroke
Girls	17/OV	50M Breaststroke
Boys	13/14	100M Individual Medley
Boys	15/16	100M Individual Medley
Boys	17/OV	100M Individual Medley

### **Short Course Consideration Times**

Female					
Event	13	14	15	16	17/OV
50 Freestyle	00:32.5	00:32.5	00:31.0	00:31.0	00:30.5
100 Freestyle	01:08.0	01:08.0	01:05.5	01:05.5	01:04.7
200 Freestyle	02:28.4	02:28.4	02:23.6	02:23.6	02:20.1
400 Freestyle	5.18.1	5.18.1	5.01.9	5.01.9	4.59.6
50 Breaststroke	00:41.7	00:41.7	00:40.6	00:40.6	00:38.6
100 Breaststroke	01:30.9	01:30.9	01:26.7	01:26.7	01:23.3
200 Breaststroke	03:10.6	03:10.6	03:05.7	03:05.7	02.58.8
50 Butterfly	00:35.6	00:35.6	00:34.5	00:34.5	00:32.6
100 Butterfly	01:17.3	01:17.3	01:15.,7	01:15.7	01:11.6
200 Butterfly	02.55.4	02.55.4	02.45.8	02.45.8	02.37.3
50 Backstroke	00:38.2	00:38.2	00:36.7	00:36.7	00:35.4
100 Backstroke	01:19.2	01:19.2	01:17.5	01:17.5	01:14.9
200 Backstroke	02:48.8	02:48.8	02:45.1	02:45.1	02:39.6
100 Individual Medley	01.25.0	01.25.0	1.21.0	1.21.0	1.19.0
200 Individual Medley	02.49.3	02.49.3	02.42.3	02.42.3	02.38.8
400 Individual Medley	06:02.5	06:02.5	05:54.6	05:54.6	05:42.7
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Male	12	4.4	4.5	4.6	47/01/
Event	13	14	15	16	17/OV
50 Freestyle	00:32.1	00:32.1	00:28.3	00:28.3	00:26.9
100 Freestyle	01:07.3	01:07.3	01:00.6	01:00.6	00:58.5
200 Freestyle	02:26.5	02:26.5	02:15.9	02:15.9	02:09.9
400 Freestyle	05:11.9	05:11.9	04:52.0	04:52.0	04:40.5
50 Breaststroke	00:40.5	00:40.5	00:37.0	00:37.0	00:35.0
100 Breaststroke	01:26.9	01:26.9	01:20.2	01:20.2	01:16.5
200 Breaststroke	03:09.0	03:09.0	02:52.7	02:52.7	02:45.5
50 Butterfly	00:34.9	00:34.9	00:31.8	00:31.8	00:29.9
100 Butterfly	01:17.3	01:17.3	01:08.9	01:08.9	01:05.7
200 Butterfly	02:55.5	02:55.5	02:40.9	02:40.9	02:26.3
50 Backstroke	00:37.1	00:37.1	00:34.0	00:34.0	00:31.9
100 Backstroke	01:17.7	01:17.7	01:11.3	01:11.3	01:08.5
200 Backstroke	02:46.8	02:46.8	02:33.5	02:33.5	02:28.3
100 Individual Medley	01:25.0	01:25.0	01:17.0	01:17.0	01:15.0
200 Individual Medley	02:49.1	02:49.1	02:34.3	02:34.3	02:30.9
400 Individual Medley	05:58.7	05:58.7	05:31.9	05:31.9	05:20.5

### City of Leeds October Meet 2015

Summary of Entries

Male Entries	Number	@£6.50	Cost£
Female Entries	Number	@£6.50	Cost £
Coaches Passes	Number	@£15.00	Cost£
Total cost			Cost £

Entries to be returned by 21 September 2015

Cluk	)
Signed	
Email ad	dress
Contact a	ddress
	Poolside Passes
	Name of Coach with DBS Check

CHEQUES TO BE MADE PAYABLE TO CITY OF LEEDS S.C

ALL DATA WILL BE PUBLISHED ON www.swimleeds.org.uk

Entries to Gala Entry Secretary, 68A High Street, Morley Leeds LS27 0BY Entries sent to other addresses will not be accepted

### City of Leeds October Level 2 Meet

(Under ASA Laws & FINA Technical Rules Saturday 24th & Sunday 25<sup>th</sup> October 2015

#### **INDIVIDUAL ENTRY FORM**

Name					Male / Fei	male
Address						
Telephone No* (We require a con	tact No)*		E-mail			
Date of Birth		Age a	s at 31st De	cember 2015		
Club						
ASA Number						

## ALL TIMES TO BE 25m POOL TIMES (Short Course) PLEASE REFER TO QUALIFYING TIMES INFORMATION

EVENT	ENTRY TIME	Event no	EVENT	ENTRY TIME	Event no
50m Freestyle			50m Breaststroke		
100m Freestyle			100m Breaststroke		
200m Freestyle			200m Breaststroke		
400m Freestyle			50m Butterfly		
50m Backstroke			100m Butterfly		
100m Backstroke			200m Butterfly		
200m Backstroke			200m IM		
100 IM			400m IM		

Total No. of Entries	@ £6.50 per event = Total	£
Total No. of Elitiles	@ £0.50 per event = Total	

Cheques should be made payable to City of Leeds SC or BACS to City of Leeds Swimming Club Ltd (Please email for bank details)

#### Please return entries by Closing Date 21 September 2015

Please accept my entries for the events indicated above. The time indicated against each event has been achieved. I declare that the details entered in this form are correct, that I am an eligible competitor in accordance with the ASA Laws and that I agree to abide by the meet conditions.

Signature			