h & 10th January 2016 Age as at 31st December 2016 BOYS

NTRIES WILL BE TAKEN ON 23/11/15

wimmer's Name	Swimmer's Name
wimming Squad	Swimming Squad
ate of Birth Age on the day(s)Years	Date of BirthAge on the day(s)Years
SA Reg No.	ASA Reg No.
50m Free	50m Free
100m Free	100m Free
200m Free	200m Free
1500m Free	1500m Free
50m Back	50m Back
100m Back	100m Back
200m Back	200m Back
50m Breast	50m Breast
100m Breast	100m Breast
200m Breast	200m Breast
50m Fly	50m Fly
100m Fly	100m Fly
200m Fly	200m Fly
100 IM	100 IM
200m IM	200m IM
ntries@ £6.50 = £	Entries@ £6.50 = £
ntry cut off times are based on Upper limits. Swimmers must not have swum ster than these times in the previous 12 months.	Entry cut off times are based on Upper limits. Swimmers must not have swum faster than these times in the previous 12 months.
ignature	Signature
HIS FORM IS TO BE TAKEN TO YOUR COACH FOR APPROVAL AND IGNATURE	THIS FORM IS TO BE TAKEN TO YOUR COACH FOR APPROVAL AND SIGNATURE
oaches Signature	Coaches Signature

CITY OF LEEDS JANUARY GRAND PRIX MEET 2016 9th & 10th January 2016 Age as

ENTRIES WILL BE TAKEN ON 23/11/15

GIRLS

Age as at 31st December 2016