

HARROGATE SUMMER A GRADE MEET 201611th & 12th June 2016Age as at 12th June 2016**BOYS**

Swimmer's Name _____

Swimming Squad _____

Date of Birth _____ Age on the day(s) _____ Years

ASA Reg No. _____

| | |
|-------------|--|
| 50m Free | |
| 100m Free | |
| 200m Free | |
| 400m Free | |
| 50m Back | |
| 100m Back | |
| 200m Back | |
| 50m Breast | |
| 100m Breast | |
| 200m Breast | |
| 50m Fly | |
| 100m Fly | |
| 200m Fly | |
| 100m IM | |
| 200m IM | |
| 400m IM | |

Entries@ £5.00 = £.....

Swimmers must NOT have swum faster the cut off standards listed in the meet information.

Signature _____

THIS FORM IS TO BE TAKEN TO YOUR COACH FOR APPROVAL AND SIGNATURE

Coaches Signature _____

ENTRIES WILL BE TAKEN ON 09/05/16**HARROGATE SUMMER A GRADE MEET 2016**11th & 12th June 2016Age as at 12th June 2016**GIRLS**

Swimmer's Name _____

Swimming Squad _____

Date of Birth _____ Age on the day(s) _____ Years

ASA Reg No. _____

| | |
|-------------|--|
| 50m Free | |
| 100m Free | |
| 200m Free | |
| 400m Free | |
| 50m Back | |
| 100m Back | |
| 200m Back | |
| 50m Breast | |
| 100m Breast | |
| 200m Breast | |
| 50m Fly | |
| 100m Fly | |
| 200m Fly | |
| 100m IM | |
| 200m IM | |
| 400m IM | |

Entries@ £5.00 = £.....

Swimmers must NOT have swum faster the cut off standards listed in the meet information.

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ENTRIES WILL BE TAKEN ON 09/05/16