

**BOYS**

Swimmer's Name \_\_\_\_\_

Swimming Squad (please circle)

Regional Development / Regional Performance / Junior Performance (12&U only)

Date of Birth \_\_\_\_\_ Age \_\_\_\_ Years

ASA Reg No. \_\_\_\_\_

50m Free	
100m Free	
200m Free	
50m Back	
100m Back	
50m Breast	
100m Breast	
50m Fly	
100m Fly	
100 IM	

Entries .....@ £5.50 = £.....

Swimmers must not have swum faster than the event's upper limit time in the 12 months preceding the gala. Times must be taken from the British rankings where available and converted to short course as applicable. Where a swimmer does not have a ranked time a trial or coach time shall be provided.

Signature \_\_\_\_\_

**THIS FORM IS TO BE TAKEN TO YOUR COACH FOR APPROVAL AND SIGNATURE**

Coaches Signature \_\_\_\_\_

**ENTRIES WILL BE TAKEN ON 13/02/2017**

**GIRLS**

Swimmer's Name \_\_\_\_\_

Swimming Squad (please circle)

Regional Development / Regional Performance / Junior Performance (12&U only)

Date of Birth \_\_\_\_\_ Age \_\_\_\_ Years

ASA Reg No. \_\_\_\_\_

50m Free	
100m Free	
200m Free	
50m Back	
100m Back	
50m Breast	
100m Breast	
50m Fly	
100m Fly	
100 IM	

Entries .....@ £5.50 = £.....

Swimmers must not have swum faster than the event's upper limit time in the 12 months preceding the gala. Times must be taken from the British rankings where available and converted to short course as applicable. Where a swimmer does not have a ranked time a trial or coach time shall be provided.

Signature \_\_\_\_\_

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**ENTRIES WILL BE TAKEN ON 13/02/2017**