CITY OF LEEDS S.C.



IN ASSOCIATION WITH LCC



2017 CITY OF LEEDS SUMMER MEET LEVEL 3 AT

AQUATICS CENTRE JOHN CHARLES CENTRE FOR SPORT

SAT 24TH / SUN 25TH JUNE 2017



Meet Information

DATES Saturday 24th and Sunday 25th June 2017

<u>VENUE</u> Aquatic Centre

John Charles Centre For Sport

Middleton Grove

Leeds LS11 5DJ

FACILITIES 10 lane 50m Pool, Anti-wave lane ropes and

Electronic timing.

MEET DIRECTOR

POSTAL ENTRIES V Spencer

Stanley House 68A High Street

Morley LS27 0BY

SPORTSYSTEMS ENTRIES leedsentries@gmail.com

AGE GROUPS BOYS 9, 10, 11, 12, 13, 14, 15/Ov Years

GIRLS 9, 10, 11, 12, 13, 14, 15/Ov Years

EVENTS HDW in all Events

50m all strokes

100 m/200 m all strokes & 200 IM 400 m Freestyle & 400 m IM

AWARDS Medals will be given to the first 3 places in each

age group category.

PURPOSE OF THE MEETTo enable athletes to achieve times suitable for

entry into Regional and County Championships

and other Meets at Level 1 or Level 2

FEES £6.50 per event (SportSystem entry files, Via

email)

£7.50 per event (individual postal entries and individual emailed entries, Cheques payable to

"City of Leeds Swimming Club")

Coaches passes for the weekend are £20 (Includes a Programme, start sheets as well as Lunch and

refreshments)

CLOSING DATE FRIDAY 19th MAY 2017



Event Schedule

Morning Session

Session One
Saturday 24 th June 2017
Warm Up 8:00am Start 9:00am

Boys	9 - 16/OV	400m IM
Girls	9 - 16/OV	200m IM
Boys	9 - 16/OV	100m Backstroke
Girls	9 - 16/OV	100m Freestyle
Boys	9 - 16/OV	200m Breaststroke
Girls	9 - 16/OV	200m Butterfly
Boys	9 - 16/OV	50m Butterfly
Girls	9 - 16/OV	50m Breaststroke

Session Three Sunday 25th June 2017 Warm Up 8:00am Start 9:00am

Girls	9 - 16/OV	400m IM
Boys	9 - 16/OV	200m IM
Girls	9 - 16/OV	100m Backstroke
Boys	9 - 16/OV	100m Freestyle
Girls	9 - 16/OV	200m Breaststroke
Boys	9 - 16/OV	200m Butterfly
Girls	9 - 16/OV	50m Butterfly
Boys	9 - 16/OV	50m Breaststroke

Afternoon Session

Session Two
Saturday 24th June 2017
Warm Up 1:00pm Start 2:00pm

Boys	9 - 16/OV	400m Freestyle
Girls	9 - 16/OV	200m Freestyle
Boys	9 - 16/OV	100m Breaststroke
Girls	9 - 16/OV	100m Butterfly
Boys	9 - 16/OV	200m Backstroke
Girls	9 - 16/OV	50m Backstroke
Boys	9 - 16/OV	50m Freestyle

Session Four Sunday 25th June 2017 Warm Up 1:00pm Start 2:00pm

Girls	9 - 16/OV	400m Freestyle
Boys	9 - 16/OV	200m Freestyle
Girls	9 - 16/OV	100m Breaststroke
Boys	9 - 16/OV	100m Butterfly
Girls	9 - 16/OV	200m Backstroke
Boys	9 - 16/OV	50m Backstroke
Girls	9 - 16/OV	50m Freestyle



Meet Conditions

- 1. This meet is held under ASA Laws and ASA Technical Rules.
- 2. All competitors must be registered with the ASA or their own national association as appropriate.
- 3. Age on the 25th June 2017.
- 4. This meet will be run using the linked Sportsystems software, please use a training time where no time is available. Converted short course times can be used and the Sportsystem entry file will be produced to accept these times. The SportSystems File will be released on the 15/05/2017
- 5. The promoter reserves the right to limit entries to meet gala license timing restrictions. Where this rule is invoked, the meet will be filled on based on **FIRST COME**, **FIRST SERVED**. Rejections will be made in each event rather then by club to ensure the smooth running of the competition. Events chosen for restrictions will be at the meet organisers' discretion.
- 6. Any Electronic or postal entries received after the closing date will not be accepted.
- 7. BACS Payments should be made using the appropriate club code. For this Meet it is **JUN17(Your Club Code)** Your club code is something we will use to identify your payment e.g Leeds = COLEEDS (JUN17COLEEDS). Please email leedsentries@gmail.com for bank details.
- 8. Withdrawals
 - Heats Must notify the meet desk before the start of the warm up. Email: leedsentries@gmail.com
- 9. No poolside entries will be accepted.
- 10. All competitors must go through marshalling. If a competitor does not report to marshalling in time the event will proceed without the competitor.
- 11. If cancellation of the event is necessary then the only claim will be the entry fees paid.
- 12. Refunds will not be given for withdrawn swimmers, for entry errors or omissions attributable to the individual or their club. Only to individuals who can prove they are not fit to compete through evidence of a doctors note may be given a refund.
- 13. A draft programme will be posted on the web site. All rejected swim refunds will be returned to the relevant clubs during the gala, or through BACS if requested.
- 14. The Referee's decision regarding the interpretation and judgement of any ASA rules or laws is final.
- 15. City of Leeds Swimming Club accepts no responsibility for loss or damage to competitors personal belongings, how so ever caused, unless such damage is caused by the negligence of the City of Leeds Swimming Club.
- 16. City of Leeds Swimming Club and the Meet Organisers are not responsible for individual swimmers on poolside. All swimmers on poolside should be accompanied by a person with a coaches pass and who has had a DBS check.



17. Any point not covered by these rules will be at the discretion of the Meet organisers.



Consideration Times

Swimmers must **not** be faster than the times listed below.

LONG COURSE TIMES (short course converted will be accepted)

Male						Events	Female							
9	10	11	12	13	14	15/O	Events	9	10	11	12	13	14	15/O
):32.4	00:32.4	00:30.8	00:29.1	00:27.7	00:26.6	00:25.8	50m Freestyle	00:32.8	00:32.8	00:31.3	00:29.9	00:29.0	00:28.5	00:28.1
:10.6	01:10.6	01:06.6	01:02.5	00:59.2	00:57.0	00:55.6	100m Freestyle	01:12.1	01:12.1	01:07.2	01:03.7	01:02.0	01:00.9	01:00.2
2:32.3	02:32.3	02:24.0	02:15.6	02:08.7	02:03.8	02:00.8	200m Freestyle	02:33.1	02:33.1	02:24.5	02:16.9	02:12.9	02:10.9	02:09.0
5:20.5	05:20.5	05:00.5	04:44.0	04:30.9	04:21.9	04:15.2	400m Freestyle	05:24.0	05:24.0	05:00.1	04:44.6	04:37.2	04:33.1	04:29.3
):37.4	00:37.4	00:35.5	00:33.6	00:31.6	00:30.5	00:29.4	50m Backstroke	00:37.4	00:37.4	00:35.5	00:33.9	00:32.8	00:32.1	00:31.8
:21.4	01:21.4	01:15.3	01:10.9	01:06.7	01:03.8	01:01.7	100m Backstroke	01:21.4	01:21.4	01:15.4	01:11.2	01:08.8	01:07.6	01:06.4
2:50.8	02:50.8	02:40.1	02:31.2	02:22.9	02:16.9	02:12.8	200m Backstroke	02:52.2	02:52.2	02:39.1	02:31.3	02:27.3	02:24.6	02:22.0
):42.5	00:42.5	00:40.0	00:37.5	00:35.1	00:33.7	00:30.0	50m Breaststroke	00:42.7	00:42.7	00:40.1	00:38.0	00:36.6	00:35.8	00:35.2
:32.8	01:32.8	01:26.0	01:20.5	01:15.3	01:12.2	01:08.8	100m Breaststroke	01:33.3	01:33.3	01:25.9	01:21.3	01:18.1	01:15.8	01:15.1
3:18.1	03:18.1	03:04.7	02:53.6	02:43.2	02:36.1	02:31.5	200m Breaststroke	03:18.3	03:18.3	03:04.4	02:54.3	02:47.5	02:43.7	02:42.1
):36.4	00:36.4	00:34.1	00:32.3	00:30.5	00:29.2	00:28.1	50m Butterfly	00:36.3	00:36.3	00:34.5	00:32.7	00:31.7	00:31.0	00:30.4
:22.6	01:22.6	01:15.4	01:10.4	01:06.2	01:03.2	01:00.9	100m Butterfly	01:22.5	01:22.5	01:15.4	01:11.0	01:08.8	01:07.0	01:06.4
3:00.8	03:00.8	02:44.7	02:35.1	02:26.3	02:19.9	02:13.8	200m Butterfly	03:03.1	03:03.1	02:46.5	02:35.8	02:30.2	02:26.0	02:23.5
2:54.9	02:54.9	02:43.4	02:34.2	02:26.6	02:19.9	02:16.1	200m Ind. Medley	02:54.8	02:54.8	02:43.2	02:34.7	02:30.7	02:27.7	02:25.8
5:16.4	06:16.4	05:46.6	05:25.2	05:09.6	04:56.4	04:47.5	400m Ind. Medley	06:15.5	06:15.5	05:44.3	05:25.6	05:15.3	05:09.7	05:06.0

Summary of Club Entries

Male Entries	Number	@ £6.50	Cost £
Female Entries	Number	@ £6.50	Cost £
Coaches Passes	Number	@ £20.00	Cost £
Total cost			Cost £

Entries to be received by 19th May 2017

Club		••••
Signed		•••••
Email addres	SS	•••••
Contact addr	ess	•••••
	••••••	
•••••	Poolside Passes	• • • • • • • • • • • • • • • • • • • •
	Name of Coach with DBS Check	

CHEQUES TO BE MADE PAYABLE TO CITY OF LEEDS S.C

ALL DATA WILL BE PUBLISHED ON www.swimleeds.org.uk

Entries to Gala Entry Secretary, 68A High Street, Morley Leeds LS27 0BY Entries sent to other addresses will not be accepted



Individual Entry Form
Sat 24th & Sun 25th June 2017
John Charles Centre for Sport

Name								Male / Fe	male
Address									
Telephone No* (We require a con	tact No)*					E-mail			
Date of Birth	,				Age	as at 25th Ju	ine 2017		
Club									
ASA Number									-
	ALL TIN	1ES	ARE TO E	BE CON	IVERTE	D TO LO	NG COL	IRSE	
	1122 1111	120		22 001	, , LICIL	D 10 20	110000	TIBL	
EVEN	ΙΤ	El	NTRY TIME	Event		EVENT	EN	TRY TIME	Event no
50m Freestyle					50m Breas	ststroke			
100m Freestyle					100m Brea	aststroke			
200m Freestyle				200m Breaststroke					
400m Freestyle					50m Butte	rfly			
50m Backstroke					100m But	erfly			
100m Backstroke	;				200m But	erfly			
200m Backstroke	;				200m IM				
					400m IM				
				T					
Total No. of Entr	ies			@£7.5	50 per eve	nt = Total	£		
Cheques should be (Please email leed					Club or BAC	S to City of l	Leeds Swimn	ning Club L	td
Please return					ay 2017				
Please accept	•		0		•	e time ind	icated aga	inst each	event has
been achieved. I declare that the details entered in this form are correct, that I am an eligible									
competitor in	accordance	e wit	th the ASA L	aws and	that I ag	ree to abid	le by the m	eet condi	tions.
Signature									

