

BOYS

Swimmer's Name _____

Swimming Squad (Please circle): County East/ County West/ Regional Fast Track

Age on the day(s) _____ Years

ASA Reg No. _____

Event	Time	Session Number
50m Free		
100m Free		
200m Free		
400m Free		
800m Free (11+)		
1500m Free (11+)		
50m Back		
100m Back		
200m Back		
50m Breast		
100m Breast		
200m Breast		
50m Fly		
100m Fly		
200m Fly		
200m IM		

Entries@ £5.00 = £.....

Entries@ £7.50 = £..... (800m & 1500m Free)

Swimmers must have swum faster than the upper time limits in the last 12 months.

Signature _____

THIS FORM IS TO BE TAKEN TO YOUR COACH FOR APPROVAL AND SIGNATURE

Coaches Signature _____

ENTRIES WILL BE TAKEN ON 17/09/2018

GIRLS

Swimmer's Name _____

Swimming Squad (Please circle): County East/ County West/ Regional Fast Track

Age on the day(s) _____ Years

ASA Reg No. _____

Event	Time	Session Number
50m Free		
100m Free		
200m Free		
400m Free		
800m Free (11+)		
1500m Free (11+)		
50m Back		
100m Back		
200m Back		
50m Breast		
100m Breast		
200m Breast		
50m Fly		
100m Fly		
200m Fly		
200m IM		

Entries@ £5.00 = £.....

Entries@ £7.50 = £..... (800m & 1500m Free)

Swimmers must have swum faster than the upper time limits in the last 12 months.

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ENTRIES WILL BE TAKEN ON 17/09/2018