

CITY OF LEEDS S.C.



IN ASSOCIATION WITH LCC



**2019
NATIONAL QUALIFIER
LEVEL 1
AT**

**AQUATICS CENTRE
JOHN CHARLES CENTRE FOR SPORT**

**FRI 12TH / SAT 13TH / SUN 14TH APRIL
2019**

City of Leeds S.C. National Qualifier 2019

DATES Friday 12th, Saturday 13th and Sunday 14th April 2019

VENUE Aquatic Centre
John Charles Centre For Sport
Middleton Grove
Leeds
LS11 5DJ

FACILITIES 10 lane 50m Pool, Anti-wave lane ropes and Electronic timing.

MEET DIRECTOR
POSTAL ENTRIES V Spencer
Stanley House
68A High Street
Morley
LS27 0BY

SPORTSYSTEMS ENTRIES leedsentries@gmail.com

AGE GROUPS BOYS 11/UN, 12, 13, 14, 15/OV Years
GIRLS 11/UN, 12, 13, 14, 15/OV Years

EVENTS 50m all strokes (Open finals)
100m/200m all strokes & 200 IM
(Finals – 11/UN, 12, 13, 14, 15/OV)
400m Freestyle & 400m IM (Open Finals)
Mixed 800m & 1500m Freestyle (12/OV HDW)

AWARDS Medals for 1st three in each age group for HDW
Medals for 1st three in each final only

PURPOSE OF THE MEET To enable athletes to achieve qualifying times suitable for entry into National, Regional and County Championships

FEES **£7.00 per event (SportSystem entry files, Via email)**
£8.00 per event (individual postal entries and individual emailed entries, Cheques payable to “City of Leeds Swimming Club”)
Coaches passes for the weekend are £20 (Includes a Programme, start sheets as well as Lunch and refreshments)

CLOSING DATE FRIDAY 8th MARCH 2019



www.swimleeds.org.uk

City of Leeds S.C.
National Qualifier 2019
Event Schedule

Session One

Friday 12th April 2019

Warm Up: 15:30 Start: 16:30

Mixed 12/OV 800m Freestyle (HDW)

Mixed 12/OV 1500m Freestyle (HDW)

Morning Sessions

Session Two

Saturday 13th April 2019

Warm Up 8:00am Start 9:00am

Boys	OPEN	400m Freestyle
Girls	11/Un – 15/OV	200m Freestyle
Boys	OPEN	50m Breaststroke
Girls	11/Un – 15/OV	100m Breaststroke
Boys	11/Un – 15/OV	200m IM
Girls	11/Un – 15/OV	100m Butterfly
Boys	11/Un – 15/OV	100m Backstroke
Girls	OPEN	50m Backstroke
Boys	11/Un – 15/OV	200m Butterfly
Girls	OPEN	400m IM
Boys	11/Un – 15/OV	100m Freestyle
Girls	OPEN	50m Freestyle
Boys	11/Un – 15/OV	200m Breaststroke
Girls	11/Un – 15/OV	200m Backstroke
Boys	OPEN	50m Butterfly

Session Four

Sunday 14th April 2019

Warm Up 8:00am Start 9:00am

Girls	OPEN	400m Freestyle
Boys	11/Un – 15/OV	200m Freestyle
Girls	OPEN	50m Breaststroke
Boys	11/Un – 15/OV	100m Breaststroke
Girls	11/Un – 15/OV	200m IM
Boys	11/Un – 15/OV	100m Butterfly
Girls	11/Un – 15/OV	100m Backstroke
Boys	OPEN	50m Backstroke
Girls	11/Un – 15/OV	200m Butterfly
Boys	OPEN	400m IM
Girls	11/Un – 15/OV	100m Freestyle
Boys	OPEN	50m Freestyle
Girls	11/Un – 15/OV	200m Breaststroke
Boys	11/Un – 15/OV	200m Backstroke
Girls	OPEN	50m Butterfly

Afternoon Sessions

Session Three

Saturday 13th April 2019

Warm Up TBC Start TBC

Boys	OPEN	400m Freestyle
Girls	11/Un	200m Freestyle
Girls	12	200m Freestyle
Girls	13	200m Freestyle
Girls	14	200m Freestyle
Girls	15/OV	200m Freestyle
Boys	OPEN	50m Breaststroke

Session Five

Sunday 14th April 2019

Warm Up TBC Start TBC

Girls	OPEN	400m Freestyle
Boys	11/Un	200m Freestyle
Boys	12	200m Freestyle
Boys	13	200m Freestyle
Boys	14	200m Freestyle
Boys	15/OV	200m Freestyle
Girls	OPEN	50m Breaststroke



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Afternoon Sessions Continued

Session Three

Saturday 13th April 2019

Girls	11/Un	100m Breaststroke
Girls	12	100m Breaststroke
Girls	13	100m Breaststroke
Girls	14	100m Breaststroke
Girls	15/OV	100m Breaststroke
Boys	11/Un	200m IM
Boys	12	200m IM
Boys	13	200m IM
Boys	14	200m IM
Boys	15/OV	200m IM
Girls	11/Un	100m Butterfly
Girls	12	100m Butterfly
Girls	13	100m Butterfly
Girls	14	100m Butterfly
Girls	15/OV	100m Butterfly
Boys	11/Un	100m Backstroke
Boys	12	100m Backstroke
Boys	13	100m Backstroke
Boys	14	100m Backstroke
Boys	15/OV	100m Backstroke
Girls	OPEN	50m Backstroke
Boys	11/Un	200m Butterfly
Boys	12	200m Butterfly
Boys	13	200m Butterfly
Boys	14	200m Butterfly
Boys	15/OV	20m Butterfly
Girls	OPEN	400m IM
Boys	11/Un	100m Freestyle
Boys	12	100m Freestyle
Boys	13	100m Freestyle
Boys	14	100m Freestyle
Boys	15/OV	100m Freestyle
Girls	OPEN	50m Freestyle
Boys	11/Un	200m Breaststroke
Boys	12	200m Breaststroke
Boys	13	200m Breaststroke
Boys	14	200m Breaststroke
Boys	15/OV	200m Breaststroke
Girls	11/Un	200m Backstroke
Girls	12	200m Backstroke
Girls	13	200m Backstroke
Girls	14	200m Backstroke
Girls	15/OV	200m Backstroke
Boys	OPEN	50m Butterfly

Session Five

Sunday 14th April 2019

Boys	11/Un	100m Breaststroke
Boys	12	100m Breaststroke
Boys	13	100m Breaststroke
Boys	14	100m Breaststroke
Boys	15/OV	100m Breaststroke
Girls	11/Un	200m IM
Girls	12	200m IM
Girls	13	200m IM
Girls	14	200m IM
Girls	15/OV	200m IM
Boys	11/Un	100m Butterfly
Boys	12	100m Butterfly
Boys	13	100m Butterfly
Boys	14	100m Butterfly
Boys	15/OV	100m Butterfly
Girls	11/Un	100m Backstroke
Girls	12	100m Backstroke
Girls	13	100m Backstroke
Girls	14	100m Backstroke
Girls	15/OV	100m Backstroke
Boys	OPEN	50m Backstroke
Girls	11/Un	200m Butterfly
Girls	12	200m Butterfly
Girls	13	200m Butterfly
Girls	14	200m Butterfly
Girls	15/OV	20m Butterfly
Boys	OPEN	400m IM
Girls	11/Un	100m Freestyle
Girls	12	100m Freestyle
Girls	13	100m Freestyle
Girls	14	100m Freestyle
Girls	15/OV	100m Freestyle
Boys	OPEN	50m Freestyle
Girls	11/Un	200m Breaststroke
Girls	12	200m Breaststroke
Girls	13	200m Breaststroke
Girls	14	200m Breaststroke
Girls	15/OV	200m Breaststroke
Boys	11/Un	200m Backstroke
Boys	12	200m Backstroke
Boys	13	200m Backstroke
Boys	14	200m Backstroke
Boys	15/OV	200m Backstroke
Girls	OPEN	50m Butterfly



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City of Leeds S.C.
National Qualifier 2019
Meet Conditions

1. This meet is held under ASA Laws and ASA Technical Rules.
2. All competitors must be registered with the ASA or their own national association as appropriate.
3. Age on the 31st December 2019.
4. This meet will be run using the linked Sportsystems software. Only times from the ASA British Rankings will be accepted. **Converted short course times can be used and the Sportsystem entry file will be produced to accept these times.** This file will be released onto the website on the **19th February 2019.**
5. The promoter reserves the right to limit entries to meet gala license timing restrictions. Where this rule is invoked, the swimmers with the fastest submitted times would take precedence. Events chosen for restrictions will be at the meet organisers' discretion.
6. Any Electronic or postal entries received after the closing date will not be accepted.
7. BACS Payments should be made using the appropriate club code. For this Meet it is **APR19(Your Club Code).** Your club code is something we will use to identify your payment e.g Leeds = COLEEDS (APR19COLEEDS). Bank Details for BACS payments are Sort Code: 402733, Account No: 41552961
8. Withdrawals
 - Heats – Must notify the meet desk before the start of the warm up (8.00am).
 - Finals – Must notify the meet desk/timing suite no later than 30minutes after the conclusion of the relevant event.
Email: leedsentries@gmail.com
9. No poolside entries will be accepted.
10. Those events with a final will have cyclical heats.
11. All competitors must go through marshalling for both heats and finals. If a competitor does not report to marshalling in time the event will proceed without the competitor.
12. If cancellation of the event is necessary then the only claim will be the entry fees paid.
13. Refunds will not be given for withdrawn swimmers, for entry errors or omissions attributable to the individual or their club. Only to individuals who can prove they are not fit to compete through evidence of a doctors note may be given a refund.
14. The Referee's decision regarding the interpretation and judgement of any ASA rules or laws is final.
15. City of Leeds Swimming Club accepts no responsibility for loss or damage to competitors personal belongings, how so ever caused, unless such damage is caused by the negligence of the City of Leeds Swimming Club.



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16. City of Leeds Swimming Club and the Meet Organisers are not responsible for individual swimmers on poolside. All swimmers on poolside should be accompanied by a person with a coaches pass and who has had a DBS check.
17. Any point not covered by these rules will be at the discretion of the Meet organisers.



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Consideration Times

Swimmers must have achieved the Qualifying standard times listed below.

LONG COURSE TIMES

Male					Events	Female				
11/U	12	13	14	15		11/U	12	13	14	15
00:37.70	00:36.50	00:33.90	00:31.90	00:29.10	50m Freestyle	00:37.10	00:36.10	00:34.70	00:32.60	00:31.60
01:20.40	01:18.00	01:13.80	01:08.10	01:01.60	100m Freestyle	01:19.90	01:17.90	01:14.40	01:09.80	01:07.00
02:54.80	02:50.00	02:40.00	02:28.40	02:16.00	200m Freestyle	02:51.30	02:47.30	02:42.40	02:30.20	02:24.20
06:18.80	06:10.00	05:42.80	05:13.60	04:50.00	400m Freestyle	05:59.40	05:51.40	05:43.30	05:14.40	05:06.00
N/A	11:47.00	11:17.00	10:30.50	10:12.00	800m Freestyle	N/A	11:47.00	11:17.00	10:30.50	10:12.00
N/A	22:00.00	21:30.00	21:00.00	20:30.00	1500m Freestyle	N/A	22:00.00	21:30.00	21:00.00	20:30.00
00:44.00	00:43.00	00:41.60	00:38.20	00:37.00	50m Backstroke	00:44.20	00:43.20	00:42.00	00:38.80	00:37.60
01:37.40	01:35.00	01:29.50	01:21.90	01:16.00	100m Backstroke	01:34.50	01:32.50	01:30.20	01:22.40	01:20.20
03:23.30	03:19.00	03:09.00	02:52.80	02:34.00	200m Backstroke	03:19.20	03:15.20	03:09.30	02:54.10	02:49.60
00:51.00	00:50.00	00:47.00	00:44.00	00:41.00	50m Breaststroke	00:49.40	00:48.40	00:46.40	00:44.80	00:43.70
01:50.00	01:48.00	01:40.90	01:36.40	01:30.00	100m Breaststroke	01:46.40	01:44.40	01:41.80	01:36.70	01:34.00
03:55.00	03:51.00	03:37.90	03:23.20	03:15.00	200m Breaststroke	03:46.60	03:42.60	03:36.50	03:26.80	03:20.30
00:42.00	00:41.00	00:38.50	00:35.20	00:32.70	50m Butterfly	00:41.00	00:40.00	00:38.50	00:36.10	00:35.00
01:34.90	01:32.00	01:26.50	01:20.70	01:12.00	100m Butterfly	01:31.50	01:29.50	01:26.90	01:20.50	01:17.80
03:34.00	03:30.00	03:13.00	02:59.50	02:37.00	200m Butterfly	03:31.60	03:27.60	03:15.60	03:01.20	02:56.00
03:15.30	03:11.00	02:59.60	02:46.00	02:40.50	200m Ind. Medley	03:10.60	03:06.60	03:01.60	02:48.10	02:43.20
07:11.60	07:03.00	06:42.60	06:04.80	05:31.00	400m Ind. Medley	06:49.40	06:41.40	06:02.00	05:57.00	05:48.70



City of Leeds S.C.
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Summary of Club Entries

Male Entries	Number	@ £7.00	Cost £
Female Entries	Number	@ £7.00	Cost £
Coaches Passes	Number	@ £20.00	Cost £
Total cost			Cost £

Entries to be received by 8th March 2019

Club

Signed

Email address

Contact address.....

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Poolside Passes

<i>Name of Coach with DBS Check</i>

CHEQUES TO BE MADE PAYABLE TO CITY OF LEEDS S.C

ALL DATA WILL BE PUBLISHED ON www.swimleeds.org.uk

**Entries to Gala Entry Secretary, 68A High Street, Morley Leeds LS27 0BY
 Entries sent to other addresses will not be accepted**



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City of Leeds S.C. National Qualifier 2019

Individual Entry Form

Fri 12th / Sat 13th / Sun 14th April 2019

John Charles Centre for Sport

Name		Male / Female
Address		
Telephone No* (We require a contact No)*		E-mail
Date of Birth		Age as at 31st December 2019
Club		
ASA Number		

ALL TIMES TO BE 50m POOL TIMES (Long Course)
PLEASE REFER TO QUALIFYING TIMES INFORMATION

EVENT	ENTRY TIME	Event no	EVENT	ENTRY TIME	Event no
50m Freestyle			50m Breaststroke		
100m Freestyle			100m Breaststroke		
200m Freestyle			200m Breaststroke		
400m Freestyle			50m Butterfly		
800m/1500m Freestyle			100m Butterfly		
50m Backstroke			200m Butterfly		
100m Backstroke			200m IM		
200m Backstroke			400m IM		

Total No. of Entries		@ £8.00 per event = Total	£
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Cheques should be made payable to City of Leeds Swimming Club or Bank Details for BACS payments are Sort Code: 402733, Account No: 41552961

(Please email leedsentries@gmail.com for bank details)

Please return entries by Closing Date 8th March 2019

Please accept my entries for the events indicated above. The time indicated against each event has been achieved. I declare that the details entered in this form are correct, that I am an eligible competitor in accordance with the ASA Laws and that I agree to abide by the meet conditions.

Signature



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