

CITY OF LEEDS S.C.



IN ASSOCIATION WITH LCC



OCTOBER MEET 2019

LEVEL 1

AT

**AQUATICS CENTRE
JOHN CHARLES CENTRE FOR SPORT**

SAT 26TH/SUN 27TH OCTOBER 2019

City of Leeds S.C.

October Meet 2019

DATES

Saturday 26th and Sunday 27th October 2019

VENUE

Aquatic Centre
John Charles Centre For Sport
Middleton Grove
Leeds
LS11 5DJ

FACILITIES

10 lane, 50m Pool, Anti-wave lane ropes and Electronic timing.
Swim Down Facilities will be available.

MEET DIRECTOR POSTAL ENTRIES

V Spencer
Stanley House
68A High Street
Morley
LS27 0BY

SPORTSYSTEMS ENTRIES

leedsentries@gmail.com

AGE GROUPS

BOYS 13/UN, 14-15, 16/OV Years
GIRLS 13/UN, 14-15, 16/OV Years

EVENTS

50m/100m/200m all strokes (Age Group Finals)
200 IM (Age Group Finals)
400m Freestyle & 400m IM (HDW)

AWARDS

Medals to 1st three in each age group for HDW
Medals for 1st three in each final only

PURPOSE OF THE MEET

To enable athletes to achieve qualifying times suitable for entry into National, Regional and County Championships

FEES

£6.50 per event (SportSystem entry files, Via email)
£7.50 per event (individual postal entries and individual emailed entries, Cheques payable to “City of Leeds Swimming Club”)
Coaches passes for the weekend are £20 (Includes a Programme, start sheets as well as Lunch and refreshments)

CLOSING DATE FRIDAY 20th SEPTEMBER 2019



www.swimleeds.org.uk

City of Leeds S.C.

October Meet 2019

Event Schedule

Morning Sessions

Session One

Saturday 26th October 2019

Warm Up 8:00am Start 9:00am

| | | |
|-------|--------------|-------------------|
| Girls | 13/U – 16/OV | 200m IM |
| Boys | 13/U – 16/OV | 100m Backstroke |
| Girls | 13/U – 16/OV | 100m Freestyle |
| Boys | 13/U – 16/OV | 200m Breaststroke |
| Girls | 13/U – 16/OV | 200m Butterfly |
| Boys | 13/U – 16/OV | 50m Butterfly |
| Girls | 13/U – 16/OV | 50m Breaststroke |
| Boys | 13/U – 16/OV | 400m IM HDW |

FINALS

| | | |
|-------|-------|-------------------|
| Girls | 13/U | 200m IM |
| Girls | 14-15 | 200m IM |
| Girls | 16/OV | 200m IM |
| Boys | 13/U | 100m Backstroke |
| Boys | 14-15 | 100m Backstroke |
| Boys | 16/OV | 100m Backstroke |
| Girls | 13/U | 100m Freestyle |
| Girls | 14-15 | 100m Freestyle |
| Girls | 16/OV | 100m Freestyle |
| Boys | 13/U | 200m Breaststroke |
| Boys | 14-15 | 200m Breaststroke |
| Boys | 16/OV | 200m Breaststroke |
| Girls | 13/U | 200m Butterfly |
| Girls | 14-15 | 200m Butterfly |
| Girls | 16/OV | 200m Butterfly |
| Boys | 13/U | 50m Butterfly |
| Boys | 14-15 | 50m Butterfly |
| Boys | 16/OV | 50m Butterfly |
| Girls | 13/U | 50m Breaststroke |
| Girls | 14-15 | 50m Breaststroke |
| Girls | 16/OV | 50m Breaststroke |

Session Three

Sunday 27th October 2019

Warm Up 8:00am Start 9:00am

| | | |
|-------|--------------|-------------------|
| Boys | 13/U – 16/OV | 200m IM |
| Girls | 13/U – 16/OV | 100m Backstroke |
| Boys | 13/U – 16/OV | 100m Freestyle |
| Girls | 13/U – 16/OV | 200m Breaststroke |
| Boys | 13/U – 16/OV | 200m Butterfly |
| Girls | 13/U – 16/OV | 50m Butterfly |
| Boys | 13/U – 16/OV | 50m Breaststroke |
| Girls | 13/U – 16/OV | 400m IM HDW |

FINALS

| | | |
|-------|-------|-------------------|
| Boys | 13/U | 200m IM |
| Boys | 14-15 | 200m IM |
| Boys | 16/OV | 200m IM |
| Girls | 13/U | 100m Backstroke |
| Girls | 14-15 | 100m Backstroke |
| Girls | 16/OV | 100m Backstroke |
| Boys | 13/U | 100m Freestyle |
| Boys | 14-15 | 100m Freestyle |
| Boys | 16/OV | 100m Freestyle |
| Girls | 13/U | 200m Breaststroke |
| Girls | 14-15 | 200m Breaststroke |
| Girls | 16/OV | 200m Breaststroke |
| Boys | 13/U | 200m Butterfly |
| Boys | 14-15 | 200m Butterfly |
| Boys | 16/OV | 200m Butterfly |
| Girls | 13/U | 50m Butterfly |
| Girls | 14-15 | 50m Butterfly |
| Girls | 16/OV | 50m Butterfly |
| Boys | 13/U | 50m Breaststroke |
| Boys | 14-15 | 50m Breaststroke |
| Boys | 16/OV | 50m Breaststroke |



City of Leeds S.C.

October Meet 2019

Event Schedule

Afternoon Session

Session Two

Saturday 26th October 2019

Warm Up 1:00pm Start 2:00pm

| | | |
|-------|--------------|--------------------|
| Girls | 13/U – 16/OV | 200m Freestyle |
| Boys | 13/U – 16/OV | 100m Breaststroke |
| Girls | 13/U – 16/OV | 100m Butterfly |
| Boys | 13/U – 16/OV | 200m Backstroke |
| Boys | 13/U – 16/OV | 50m Freestyle |
| Girls | 13/U – 16/OV | 50m Backstroke |
| Boys | 13/U – 16/OV | 400m Freestyle HDW |

FINALS

| | | |
|-------|-------|-------------------|
| Girls | 13/U | 200m Freestyle |
| Girls | 14-15 | 200m Freestyle |
| Girls | 16/OV | 200m Freestyle |
| Boys | 13/U | 100m Breaststroke |
| Boys | 14-15 | 100m Breaststroke |
| Boys | 16/OV | 100m Breaststroke |
| Girls | 13/U | 100m Butterfly |
| Girls | 14-15 | 100m Butterfly |
| Girls | 16/OV | 100m Butterfly |
| Boys | 13/U | 200m Backstroke |
| Boys | 14-15 | 200m Backstroke |
| Boys | 16/OV | 200m Backstroke |
| Girls | 13/U | 50m Backstroke |
| Girls | 14-15 | 50m Backstroke |
| Girls | 16/OV | 50m Backstroke |
| Boys | 13/U | 50m Freestyle |
| Boys | 14-15 | 50m Freestyle |
| Boys | 16/OV | 50m Freestyle |

Session Four

Sunday 27th October 2019

Warm Up 1:00pm Start 2:00pm

| | | |
|-------|--------------|--------------------|
| Boys | 13/U – 16/OV | 200m Freestyle |
| Girls | 13/U – 16/OV | 100m Breaststroke |
| Boys | 13/U – 16/OV | 100m Butterfly |
| Girls | 13/U – 16/OV | 200m Backstroke |
| Girls | 13/U – 16/OV | 50m Freestyle |
| Boys | 13/U – 16/OV | 50m Backstroke |
| Girls | 13/U – 16/OV | 400m Freestyle HDW |

FINALS

| | | |
|-------|-------|-------------------|
| Boys | 13/U | 200m Freestyle |
| Boys | 14-15 | 200m Freestyle |
| Boys | 16/OV | 200m Freestyle |
| Girls | 13/U | 100m Breaststroke |
| Girls | 14-15 | 100m Breaststroke |
| Girls | 16/OV | 100m Breaststroke |
| Boys | 13/U | 100m Butterfly |
| Boys | 14-15 | 100m Butterfly |
| Boys | 16/OV | 100m Butterfly |
| Girls | 13/U | 200m Backstroke |
| Girls | 14-15 | 200m Backstroke |
| Girls | 16/OV | 200m Backstroke |
| Boys | 13/U | 50m Backstroke |
| Boys | 14-15 | 50m Backstroke |
| Boys | 16/OV | 50m Backstroke |
| Girls | 13/U | 50m Freestyle |
| Girls | 14-15 | 50m Freestyle |
| Girls | 16/OV | 50m Freestyle |



City of Leeds S.C.

October Meet 2019

Meet Conditions

1. This meet is held under ASA Laws and ASA Technical Rules.
2. All competitors must be registered with the ASA or their own national association as appropriate.
3. Age as 31st December 2019.
4. This meet will be run using the linked Sportsystems software, all entry times will be directly checked with the ASA rankings and will be rejected if the submitted times are not on the ranking files. **Converted short course times can be used and the Sportsystem entry file will be produced to accept these times. All times must have been achieved in the previous 12 months before the date of the competition.**
5. The promoter reserves the right to limit entries to meet gala license timing restrictions. Where this rule is invoked, the swimmers with the fastest submitted times would take precedence. **Events chosen for restrictions will be at the meet organisers' discretion.**
6. Any electronic or postal entries received after the closing date will not be accepted.
7. BACS Payments should be made using the appropriate club code. For this Meet it is **OCT19 (Your Club Code)** Your club code is something we will use to identify your payment e.g Leeds = COLEEDS (OCT19COLEEDS)
8. Withdrawals
 - Heats – Must notify the meet desk before the start of the warm up (8.00am/1:00pm).
 - Finals – Must notify the meet desk/timing suite no later than 30minutes after the conclusion of the relevant event.Email: leedsentries@gmail.com
9. No poolside entries will be accepted.
10. Those events with a final will have cyclical heats.
11. All competitors must go through marshalling for both heats and finals. If a competitor does not report to marshalling in time the event will proceed without the competitor.
12. If cancellation of the event is necessary then the only claim will be the entry fees paid.
13. Refunds will not be given for withdrawn swimmers, for entry errors or omissions attributable to the individual or their club. Only individuals who can prove they are not fit to compete due to injury, with evidence of a doctor's note may be given a refund.
14. A draft programme and live results will be posted on the website.
15. All rejected swim refunds will be returned to the relevant clubs during the gala, or through BACS if requested.
16. The Referee's decision regarding the interpretation and judgement of any ASA rules or laws is final.
17. City of Leeds Swimming Club accepts no responsibility for loss or damage to competitors personal belongings, how so ever caused, unless such damage is caused by the negligence of the City of Leeds Swimming Club.



www.swimleeds.org.uk

18. City of Leeds Swimming Club and the Meet Organisers are not responsible for individual swimmers on poolside. All swimmers on poolside should be accompanied by a person with a coaches pass and who has had a DBS check.
19. Any point not covered by these rules will be at the discretion of the Meet organisers.



www.swimleeds.org.uk

City of Leeds S.C. October Meet 2019

Consideration Times

Swimmers must have achieved the Qualifying standard times listed below.

LONG COURSE TIMES

| Males | | | Events | Females | | |
|----------|----------|----------|-------------------|----------|----------|----------|
| 13/UN | 14-15 | 16/O | | 13/UN | 14-15 | 16/O |
| 00:31.50 | 00:28.67 | 00:26.91 | 50m Freestyle | 00:31.59 | 00:29.85 | 00:29.39 |
| 01:06.28 | 00:59.95 | 00:58.22 | 100m Freestyle | 01:09.13 | 01:04.66 | 01:03.41 |
| 02:22.77 | 02:13.14 | 02:10.63 | 200m Freestyle | 02:30.63 | 02:19.59 | 02:19.23 |
| 05:03.32 | 04:46.29 | 04:42.24 | 400m Freestyle | 05:20.78 | 04:57.94 | 04:56.90 |
| 00:36.87 | 00:33.19 | 00:31.78 | 50m Backstroke | 00:36.60 | 00:34.20 | 00:34.16 |
| 01:16.81 | 01:08.34 | 01:06.75 | 100m Backstroke | 01:18.41 | 01:13.33 | 01:12.57 |
| 02:43.51 | 02:32.46 | 02:29.36 | 200m Backstroke | 02:48.05 | 02:36.33 | 02:35.83 |
| 00:42.25 | 00:37.70 | 00:35.93 | 50m Breaststroke | 00:41.76 | 00:38.67 | 00:38.55 |
| 01:28.02 | 01:19.34 | 01:18.22 | 100m Breaststroke | 01:29.71 | 01:23.48 | 01:22.78 |
| 03:12.30 | 02:55.28 | 02:51.65 | 200m Breaststroke | 03:12.61 | 03:00.42 | 02:59.42 |
| 00:35.69 | 00:31.80 | 00:29.73 | 50m Butterfly | 00:34.94 | 00:32.74 | 00:32.38 |
| 01:17.64 | 01:09.50 | 01:06.82 | 100m Butterfly | 01:19.16 | 01:12.62 | 01:11.28 |
| 03:02.49 | 02:50.86 | 02:43.69 | 200m Butterfly | 03:04.27 | 02:52.02 | 02:50.22 |
| 02:42.29 | 02:29.58 | 02:23.73 | 200m Ind. Medley | 02:47.99 | 02:37.12 | 02:33.71 |
| 05:59.38 | 05:36.77 | 05:32.06 | 400m Ind. Medley | 06:00.98 | 05:45.97 | 05:42.97 |



City of Leeds S.C.
October Meet 2019
Summary of Club Entries

| | | | |
|----------------|-----------------|---|--------|
| Male Entries | Number | @ £6.50 | Cost £ |
| Female Entries | Number | @ £6.50 | Cost £ |
| Coaches Passes | Number | @ £20.00 | Cost £ |
| Total cost | | | Cost £ |
| BACS Code | OCT19(CLUBCODE) | Your club code is something we will use to identify your payment e.g Leeds = COLEEDS (OCT19COLEEDS) | |

Entries to be received by 20th September 2019

Club

Signed

Email address

Contact address.....

.....

Poolside Passes

| <i>Name of Coach with DBS Check</i> |
|-------------------------------------|
| |
| |
| |
| |
| |
| |
| |
| |
| |

CHEQUES TO BE MADE PAYABLE TO CITY OF LEEDS S.C

ALL DATA WILL BE PUBLISHED ON www.swimleeds.org.uk

Entries to Gala Entry Secretary, 68A High Street, Morley Leeds LS27 0BY
Entries sent to other addresses will not be accepted



www.swimleeds.org.uk

City of Leeds S.C. October Meet 2019

Individual Entry Form
Sat 26th / Sun 27th October 2019
John Charles Centre for Sport

| | | |
|---|--|--|
| Name | | Male / Female |
| Address | | |
| Telephone No* (We require a contact No)* | | E-mail |
| Date of Birth | | Age as at 31st December 2019 |
| Club | | |
| ASA Number | | |

ALL TIMES TO BE 50m POOL TIMES (Long Course)
PLEASE REFER TO QUALIFYING TIMES INFORMATION

| EVENT | ENTRY TIME | Event no | EVENT | ENTRY TIME | Event no |
|------------------|------------|----------|-------------------|------------|----------|
| 50m Freestyle | | | 100m Breaststroke | | |
| 100m Freestyle | | | 200m Breaststroke | | |
| 200m Freestyle | | | 50m Butterfly | | |
| 400m Freestyle | | | 100m Butterfly | | |
| 50m Backstroke | | | 200m Butterfly | | |
| 100m Backstroke | | | 100m IM | | |
| 200m Backstroke | | | 200m IM | | |
| 50m Breaststroke | | | 400m IM | | |

| | | | |
|----------------------|--|---------------------------|---|
| Total No. of Entries | | @ £7.50 per event = Total | £ |
|----------------------|--|---------------------------|---|

Cheques should be made payable to City of Leeds Swimming Club or BACS to City of Leeds Swimming Club Ltd
(Please email leedsentries@gmail.com for bank details)

Entries must be received by the closing date 20th September 2019

Please accept my entries for the events indicated above. The time indicated against each event has been achieved. I declare that the details entered in this form are correct, that I am an eligible competitor in accordance with the ASA Laws and that I agree to abide by the meet conditions.

Signature



www.swimleeds.org.uk