

BOYS

Swimmer's Name _____

Swimming Squad (Please circle) Reg Fast Track/ County West/ County East/
Junior Performance/ Regional Performance/ Regional Development

Age at 16th June _____ Years

ASA Reg No. _____

Event	Time	Session Number
50m Free		
100m Free		
200m Free		
400m Free		
50m Back		
100m Back		
200m Back		
50m Breast		
100m Breast		
200m Breast		
50m Fly		
100m Fly		
200m Fly		
100m IM		
200m IM		
400m IM		

Entries@ £6.00 = £.....

Entries must not be faster than the upper time limit during the last 12 months. Upper time limits can be found in the meet pack.

Signature _____

THIS FORM IS TO BE TAKEN TO YOUR COACH FOR APPROVAL AND SIGNATURE

Coaches Signature _____

ENTRIES WILL BE TAKEN ON 13/05/19

GIRLS

Swimmer's Name _____

Swimming Squad (Please circle) Reg Fast Track/ County West/ County East/
Junior Performance/ Regional Performance/ Regional Development

Age at 16th June _____ Years

ASA Reg No. _____

Event	Time	Session Number
50m Free		
100m Free		
200m Free		
400m Free		
50m Back		
100m Back		
200m Back		
50m Breast		
100m Breast		
200m Breast		
50m Fly		
100m Fly		
200m Fly		
100m IM		
200m IM		
400m IM		

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