

BOYS

Swimmer's Name _____

Swimming Squad: National (15yrs +)

Year of Birth _____ Age at 8th Dec _____ Years

ASA Reg No. _____

Event	Time	Session Number
50m Free		
100m Free		
200m Free		
400m Free		
1500m Free		
50m Back		
100m Back		
200m Back		
50m Breast		
100m Breast		
200m Breast		
50m Fly		
100m Fly		
200m Fly		
200m IM		
400m IM		

Entries@ £9.00 = £.....

Swimmers must have swum faster than the consideration times in the previous 12 months.

Signature _____

THIS FORM IS TO BE TAKEN TO YOUR COACH FOR APPROVAL AND SIGNATURE

Coaches Signature _____

ENTRIES WILL BE TAKEN ON 16/09/19

GIRLS

Swimmer's Name _____

Swimming Squad: National Squad (15yrs+)

Year of Birth _____ Age at 8th Dec _____ Years

ASA Reg No. _____

Event	Time	Session Number
50m Free		
100m Free		
200m Free		
400m Free		
800m Free		
50m Back		
100m Back		
200m Back		
50m Breast		
100m Breast		
200m Breast		
50m Fly		
100m Fly		
200m Fly		
200m IM		
400m IM		

Entries@ £9.00 = £.....

Swimmers must have swum faster than the consideration times in the previous 12 months.

Signature _____

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ENTRIES WILL BE TAKEN ON 16/09/19