CITY OF LEEDS S.C.



IN ASSOCIATION WITH LCC



2020 CITY OF LEEDS SEPTEMBER SPRINTS MEET LEVEL 3 AT

AQUATICS CENTRE JOHN CHARLES CENTRE FOR SPORT

SAT 12TH SEPTEMBER 2020



Meet Information

DATES Saturday 12th September 2020

VENUE Aquatic Centre

John Charles Centre For Sport

Middleton Grove

Leeds LS11 5DJ

FACILITIES 10 lane 50m Pool, Anti-wave lane ropes and

Electronic timing.

MEET DIRECTOR

POSTAL ENTRIES V Spencer

Stanley House 68A High Street

Morley LS27 0BY

SPORTSYSTEMS ENTRIES leedsentries@gmail.com

AGE GROUPS BOYS 9, 10, 11, 12, 13, 14, 15/Ov Years

GIRLS 9, 10, 11, 12, 13, 14, 15/Ov Years

EVENTS HDW in all Events

50m all strokes

200 IM

AWARDS Medals will be given to the first 3 places in each

age group category.

PURPOSE OF THE MEET To enable athletes to achieve times suitable for

entry into Regional and County Championships

and other Meets at Level 1 or Level 2

FEES £6.50 per event (SportSystem entry files, Via

email)

 $\underline{£7.50}$ per event (individual postal entries and individual emailed entries, Cheques payable to

"City of Leeds Swimming Club")

Coaches passes for the weekend are £20 (Includes a Programme, start sheets as well as Lunch and

refreshments)



Event Schedule

Morning Session

Session One

Saturday 12th September 2020 Warm Up 8:00am Start 9:00am

Girls	9 - 15/OV	50m Breaststroke
Boys	9 - 15/OV	50m Backstroke
Girls	9 - 15/OV	50m Butterfly
Boys	9 - 15/OV	50m Freestyle
Girls	9 - 15/OV	200m Individual Medley

Afternoon Session

Session Two Saturday 12th September 2020

Warm Up 1:00pm Start 2:00pm

Boys	9 - 15/OV	200m Individual Medley
Girls	9 - 15/OV	50m Backstroke
Boys	9 - 15/OV	50m Breaststroke
Girls	9 - 15/OV	50m Freestyle
Boys	9 - 15/OV	50m Butterfly

CLOSING DATE On or before 12:00pm FRIDAY 10th JULY 2020



Meet Conditions

- 1. This meet is held under ASA Laws and ASA Technical Rules.
- 2. All competitors must be registered with the ASA or their own national association as appropriate.
- 3. Age on the 12th September 2020.
- 4. This meet will be run using the linked Sportsystems software, please use a training time where no time is available. Converted short course times can be used and the Sportsystem entry file will be produced to accept these times. The SportSystems File will be released on the 07/07/2020.
- 5. The promoter reserves the right to limit entries to meet gala license timing restrictions. Where this rule is invoked, the meet will be filled on based on **FIRST COME, FIRST SERVED**. Rejections will be made in each event rather then by club to ensure the smooth running of the competition. Events chosen for restrictions will be at the meet organisers' discretion.
- 6. Any Electronic or postal entries received after the closing date will not be accepted.
- 7. BACS Payments should be made using the appropriate club code. For this Meet it is **SEP20(Your Club Code)** Your club code is something we will use to identify your payment e.g Leeds = COLEEDS (SEP20COLEEDS).
- 8. Bank Details for BACS payments are Sort Code: 402733, Account No: 41552961
- 9. Withdrawals
 - Heats Must notify the meet desk before the start of the warm up. Email: leedsentries@gmail.com
- 10. No poolside entries will be accepted.
- 11. All competitors must go through marshalling. If a competitor does not report to marshalling in time the event will proceed without the competitor.
- 12. If cancellation of the event is necessary then the only claim will be the entry fees paid.
- 13. Refunds will not be given for withdrawn swimmers, for entry errors or omissions attributable to the individual or their club. Only to individuals who can prove they are not fit to compete through evidence of a doctors note may be given a refund.
- 14. A draft programme will be posted on the web site. All rejected swim refunds will be returned to the relevant clubs during the gala, or through BACS if requested.
- 15. The Referee's decision regarding the interpretation and judgement of any ASA rules or laws is final.
- 16. City of Leeds Swimming Club accepts no responsibility for loss or damage to competitors personal belongings, how so ever caused, unless such damage is caused by the negligence of the City of Leeds Swimming Club.



- 17. City of Leeds Swimming Club and the Meet Organisers are not responsible for individual swimmers on poolside. All swimmers on poolside should be accompanied by a person with a coaches pass and who has had a DBS check.
- 18. Any point not covered by these rules will be at the discretion of the Meet organisers.



Consideration Times

Swimmers must **not** be faster than the times listed below.

LONG COURSE TIMES (short course converted will be accepted)

Male					Events	Female								
9	10	11	12	13	14	15/O	Events	9	10	11	12	13	14	15/O
00:32.4	00:32.4	00:30.8	00:29.1	00:27.7	00:26.6	00:25.8	50m Freestyle	00:32.8	00:32.8	00:31.3	00:29.9	00:29.0	00:28.5	00:28.1
00:37.4	00:37.4	00:35.5	00:33.6	00:31.6	00:30.5	00:29.4	50m Backstroke	00:37.4	00:37.4	00:35.5	00:33.9	00:32.8	00:32.1	00:31.8
00:42.5	00:42.5	00:40.0	00:37.5	00:35.1	00:33.7	00:30.0	50m Breaststroke	00:42.7	00:42.7	00:40.1	00:38.0	00:36.6	00:35.8	00:35.2
00:36.4	00:36.4	00:34.1	00:32.3	00:30.5	00:29.2	00:28.1	50m Butterfly	00:36.3	00:36.3	00:34.5	00:32.7	00:31.7	00:31.0	00:30.4
02:54.9	02:54.9	02:43.4	02:34.2	02:26.6	02:19.9	02:16.1	200m Ind. Medley	02:54.8	02:54.8	02:43.2	02:34.7	02:30.7	02:27.7	02:25.8



Summary of Club Entries

Male Entries	Number	@ £6.50	Cost £
Female Entries	Number	@ £6.50	Cost £
Coaches Passes	Number	@ £20.00	Cost £
Total cost			Cost £

Entries to be received by 10th July 2020

Club	••••••	••••
Signed		•••••
Email addres	ss	•••••
	ess	
• • • • • • • • • • • • • • • • • • • •	•••••	• • • • • • • • • • • • • • • • • • • •
• • • • • • • • • • • • • • • • • • • •	Poolside Passes	• • • • • • • • • • •
	Name of Coach with DBS Check	

CHEQUES TO BE MADE PAYABLE TO CITY OF LEEDS S.C

ALL DATA WILL BE PUBLISHED ON www.swimleeds.org.uk

Entries to Gala Entry Secretary, 68A High Street, Morley Leeds LS27 0BY Entries sent to other addresses will not be accepted



Individual Entry Form
Sat 12th September 2020
John Charles Centre for Sport

Name]	Male / Fem	ale ————	
Address												
Telephone No*							E-mail					
(We require a con	tact No)*					A == =			- 2020			
Date of Birth						Age a	as at 12th S	eptember	r 2020			
Club												
ASA Number												
	ALL TIM	ES A	ARE TO B	E CON	VER	TED	TO LO	NG CO	OURS	SE		
EVEN	ΙΤ	El	NTRY TIME	Event no		EVENT			ENTRY TIME		Event	
50m Freestyle					50m	50m Breaststroke						
50m Backstroke					50m	50m Butterfly						
200m IM												
Total No. of Entr	ies			@ £7.50 per event = Total				£	£			
Cheques should be	made payable	to Ci	ity of Leeds Swi	imming Cl	ub or l	BACS	(Sort Code:	402733,	, Accou	ınt No: 415	552961)	
Please return	entries by	Clo	sing Date	10 th Jul	y 20	20						
Please accept r been achieved. competitor in a	I declare t	hat 1	the details er	ntered in	this	form	are corre	ect, that	I am	an eligib	ole	
Signature												
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