Age as at 31st May 2020

City of Sheffield 'No Frills' Meet 2020 30th & 31st May 2020

Age as at 31st May 2020

Swimmer's Name

Swimming Squad (Please delete): Junior Perf/ Reg Perf/ Reg Dev

GIRLS

Year of Birth Age on the day(s) Years

ASA Reg No.

Event	Time	Session Number
50m Free		
100m Free		
200m Free		
50m Back		
100m Back		
200m Back		
50m Breast		
100m Breast		
200m Breast		
50m Fly		
100m Fly		
200m Fly		
200m IM		

Entries@ £7.00 = £.....

Swimmers must not have swum faster than the consideration times in the previous 12 months which are held in the meet pack.

Signature

THIS FORM IS TO BE TAKEN TO YOUR COACH FOR APPROVAL AND SIGNATURE

Coaches Signature

ENTRIES WILL BE TAKEN ON 24/02/2020

BOYS

Swimmer's Name _____

Swimming Squad (Please delete): Junior Perf/ Reg Perf/ Reg Dev

Year of Birth Age on the day(s) Years

ASA Reg No.

Event	Time	Session Number
50m Free		
100m Free		
200m Free		
50m Back		
100m Back		
200m Back		
50m Breast		
100m Breast		
200m Breast		
50m Fly		
100m Fly		
200m Fly		
200m IM		

Entries@ £7.00 = £.....

Swimmers must not have swum faster than the consideration times in the previous 12 months which are held in the meet pack.

Signature

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ENTRIES WILL BE TAKEN ON 24/02/2020