

BOYS

Swimmer's Name _____

Swimming Squad: County West/ County East/ Regional Fast Track

Age (as at 7th March 2020) _____ Years

ASA Reg No. _____

Event	Time	Session Number
50m Free		
100m Free		
50m Back		
100m Back		
50m Breast		
100m Breast		
50m Fly		
100m Fly		
200m IM		

Entries@ £5.50 = £.....

Swimmers must not have swum faster than the cut off times in the meet pack during the previous 12 months.

Signature _____

THIS FORM IS TO BE TAKEN TO YOUR COACH FOR APPROVAL AND SIGNATURE

Coaches Signature _____

ENTRIES WILL BE TAKEN ON 11/11/19

GIRLS

Swimmer's Name _____

Swimming Squad: County West/ County East/ Regional Fast Track

Age (as at 7th March 2020) _____ Years

ASA Reg No. _____

Event	Time	Session Number
50m Free		
100m Free		
50m Back		
100m Back		
50m Breast		
100m Breast		
50m Fly		
100m Fly		
200m IM		

Entries@ £5.50 = £.....

Swimmers must not have swum faster than the cut off times in the meet pack during the previous 12 months.

Signature _____

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ENTRIES WILL BE TAKEN ON 11/11/19