CITY OF LEEDS S.C.



IN ASSOCIATION WITH LCC



2022 JANUARY NEW YEAR MEET LEVEL 3 AT

AQUATICS CENTRE JOHN CHARLES CENTRE FOR SPORT

SAT 8TH/SUN 9TH JANUARY 2022

<u>City of Leeds S.C.</u> <u>New Year Meet 2022</u>

DATES	Saturday 8 th and Sunday 9 th January 2022			
<u>VENUE</u>	Aquatic Centre John Charles Centre For Sport Middleton Grove Leeds LS11 5DJ			
<u>FACILITIES</u>	10 lane 50m Pool, Anti-wave lane ropes and Electronic timing. Swim Down Facilities will be available.			
MEET DIRECTOR POSTAL ENTRIES	TBC Kevin Schofield John Charles Aquatics Centre Leeds LS11 5DJ			
SPORTSYSTEMS ENTRIES	leedsentries@gmail.com			
AGE GROUPS	BOYS9, 10, 11, 12, 13, 14, 15, 16/OV YearsGIRLS9, 10, 11, 12, 13, 14, 15, 16/OV Years			
<u>EVENTS</u>	ALL Heat Declared Winners 50m/100m/200m all strokes 400m / 800m/1500m Freestyle 200m IM/ 400m IM			
AWARDS	Medals to 1 st three in each age group.			
PURPOSE OF THE MEET	To enable athletes to achieve times suitable for entry into Regional and County Championships and other meets at Level 1 or Level 2.			
<u>FEES</u>	 £6.50 per event (SportSystem entry files, via email) £7.50 per event (individual postal entries and individual emailed entries, Cheques payable to "City of Leeds Swimming Club") Coaches passes for the weekend are £20 (Includes a Programme, start sheets as well as Lunch and programme) 			
CLOSINC DATE	refreshments)			

CLOSING DATE FRIDAY 26th NOVEMBER 2021



<u>City of Leeds S.C.</u> <u>New Year Meet 2022</u> <u>Event Schedule</u>

<u>Morning Sessions</u> Session One Saturday 8th January 2020 Warm Up 8:00am Start 9:00am

Boys	9-16/OV	400m IM
Girls	9-16/OV	200m Freestyle
Boys	9 – 16/OV	100m Backstroke
Girls	9-16/OV	100m Butterfly
Boys	9-16/OV	200m Breaststroke
Girls	9-16/OV	50m Breaststroke
Boys	9 – 16/OV	50m Butterfly
Mixed	10-16/OV	800m Freestyle

Session Three Sunday 9th January 2020 Warm Up 8:00am Start 9:00am

Girls	9 – 16/OV	400m IM
Boys	9 – 16/OV	200m Freestyle
Girls	9 – 16/OV	100m Backstroke
Boys	9 – 16/OV	100m Butterfly
Girls	9 – 16/OV	200m Breaststroke
Boys	9 – 16/OV	50m Breaststroke
Girls	9 – 16/OV	50m Butterfly
Mixed	10 - 16/OV	1500m Freestyle

Afternoon Session

Session Two Saturday 8th January 2020 Warm Up 1:00pm Start 2:00pm

Session Four Sunday 9th January 2020 Warm Up 1:00pm Start 2:00pm

Boys Girls Boys Girls Boys Girls Boys Girls	9 - 16/OV 9 - 16/OV	400m Freestyle 200m IM 100m Breaststroke 200m Butterfly 200m Backstroke 100m Freestyle 50m Freestyle 50m Backstroke	Girls Boys Girls Boys Girls Boys Girls Boys	9 - 16/OV 9 - 16/OV	400m Freestyle 200m IM 100m Breaststroke 200m Butterfly 200m Backstroke 100m Freestyle 50m Freestyle
Girls	9-16/OV	50m Backstroke	Boys	9-16/OV	50m Backstroke



<u>City of Leeds S.C.</u> <u>New Year Meet 2022</u> <u>Meet Conditions</u>

- 1. This meet is held under ASA Laws and ASA Technical Rules.
- 2. All competitors must be registered with the ASA or their own national association as appropriate.
- 3. Age as 9th January 2022.
- 4. This meet will be run using the linked Sportsystems software, please use a training time where no time is available. Converted short course times can be used and the Sportsystem entry file will be produced to accept these times. Sports sys file will be available for download on our website from <u>Tuesday 23rd November</u>.
- 5. The promoter reserves the right to limit entries to meet gala license timing restrictions. Where this rule is invoked, the meet will be filled on based on <u>FIRST COME, FIRST SERVED</u>. Rejections will be made in each event rather then by club to ensure the smooth running of the competition. Events chosen for restrictions will be at the meet organisers' discretion.
- 6. <u>**1500m Freestyle**</u> will be restricted to 3 Heats / <u>**800m Freestyle**</u> will be restricted to 4 Heats. Once filled any other entries will be rejected.
- 7. Any electronic or postal entries received after the closing date will not be accepted.
- 8. Please note any clubs submitting more than 5 entries must do so using the sports sys file which will be available for download on our website.
- BACS Payments for clubs attending outside of City of Leeds should be made using the appropriate club code. For this Meet it is <u>JAN22(Your Club Code</u>) Your club code is something we will use to identify your payment e.g Leeds = COLEEDS (JAN22COLEEDS)
- 10. Bank Details for BACS payments are Sort Code: 402733, Account No: 41552961
- 11. Withdrawals Please notify the meet desk before the start of the warm up (8.00am/1:00pm).

Email: leedsentries@gmail.com

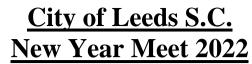
- 12. No poolside entries will be accepted.
- 13. All competitors must go through marshalling. If a competitor does not report to marshalling in time the event will proceed without the competitor.
- 14. If cancellation of the event is necessary then the only claim will be the entry fees paid.
- 15. Refunds will not be given for withdrawn swimmers, for entry errors or omissions attributable to the individual or their club. Only individuals who can prove they are not fit to compete due to injury, with evidence of a doctor's note may be given a refund.
- 16. A draft programme and live results will be posted on the website.
- 17. All rejected swim refunds will be returned to the relevant clubs during the gala, or through BACS if requested.
- 18. The Referee's decision regarding the interpretation and judgement of any ASA rules or laws is final.



www.swimleeds.org.uk

- 19. City of Leeds Swimming Club accepts no responsibility for loss or damage to competitors personal belongings, how so ever caused, unless such damage is caused by the negligence of the City of Leeds Swimming Club.
- 20. City of Leeds Swimming Club and the Meet Organisers are not responsible for individual swimmers on poolside. All swimmers on poolside should be accompanied by a person with a coaches pass and who has had a DBS check.
- 21. Any point not covered by these rules will be at the discretion of the Meet organisers.



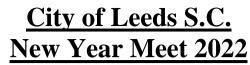


<u>Upper Limit Times</u> Swimmers must <u>NOT</u> be faster than the times listed below.

LONG COURSE TIMES (short course converted will be accepted)

Events	Male								
LVEIILS	9	10	11	12	13	14	15	16/O	
50m Freestyle	00:32.37	00:32.37	00:28.43	00:28.39	00:26.27	00:25.31	00:24.76	00:22.43	
100m Freestyle	01:11.92	01:11.92	01:04.06	01:02.41	00:59.31	00:55.82	00:54.27	00:50.65	
200m Freestyle	02:36.29	02:36.29	02:20.93	02:16.55	02:05.53	02:03.65	01:57.53	01:53.10	
400m Freestyle	05:26.09	05:26.09	04:57.71	04:47.84	04:26.92	04:19.07	04:08.18	04:00.83	
800m Freestyle	N/A	10:40.00	10:40.00	09:32.63	09:20.60	09:16.75	08:47.20	08:36.09	
1500m Freestyle	N/A	19:00.00	19:00.00	18:33.74	17:53.01	17:31.38	16:59.66	16:17.76	
50m Backstroke	00:37.01	00:37.01	00:33.70	00:31.86	00:30.31	00:29.29	00:27.52	00:26.27	
100m Backstroke	01:19.04	01:19.04	01:13.28	01:09.74	01:04.68	01:01.89	00:59.37	00:55.02	
200m Backstroke	02:51.77	02:51.77	02:37.19	02:31.36	02:20.76	02:15.82	02:08.21	02:00.79	
50m Breaststroke	00:43.66	00:43.66	00:39.43	00:36.09	00:32.77	00:32.46	00:31.17	00:27.88	
100m Breaststroke	01:34.84	01:34.84	01:24.39	01:17.81	01:11.70	01:10.21	01:07.18	01:02.44	
200m Breaststroke	03:15.05	03:15.05	02:56.21	02:47.91	02:35.50	02:33.72	02:27.12	02:20.03	
50m Butterfly	00:34.71	00:34.71	00:30.43	00:29.67	00:29.00	00:28.59	00:27.63	00:26.65	
100m Butterfly	01:18.85	01:18.85	01:07.34	01:05.33	01:01.72	00:59.75	00:58.54	00:54.73	
200m Butterfly	02:59.44	02:59.44	02:35.10	02:30.95	02:19.17	02:12.24	02:07.48	02:00.84	
200m Ind. Medley	02:53.40	02:53.40	02:35.06	02:32.90	02:22.33	02:19.83	02:11.81	02:00.32	
400m Ind. Medley	06:00.12	06:00.12	05:20.05	05:11.56	04:56.65	04:48.48	04:37.44	04:11.62	





<u>Upper Limit Times</u> Swimmers must <u>NOT</u> be faster than the times listed below.

LONG COURSE TIMES (short course converted will be accepted)

Events	Female								
Events	9	10	11	12	13	14	15	16/O	
50m Freestyle	00:33.80	00:33.80	00:29.74	00:28.91	00:28.05	00:27.46	00:26.62	00:25.56	
100m Freestyle	01:10.40	01:10.40	01:05.10	01:02.44	00:59.81	00:59.11	00:56.93	00:55.77	
200m Freestyle	02:30.50	02:30.50	02:18.22	02:13.91	02:05.12	02:04.58	02:03.14	01:58.05	
400m Freestyle	05:26.97	05:26.97	05:04.32	04:37.87	04:19.21	04:18.84	04:15.75	04:08.40	
800m Freestyle	N/A	10:40.00	10:40.00	09:32.63	09:20.60	09:16.75	08:47.20	08:36.09	
1500m Freestyle	N/A	19:00.00	19:00.00	18:33.74	17:53.01	17:31.38	16:59.66	16:17.76	
50m Backstroke	00:38.90	00:38.90	00:35.81	00:32.98	00:31.64	00:30.46	00:29.54	00:28.20	
100m Backstroke	01:20.32	01:20.32	01:14.28	01:08.57	01:05.38	01:04.09	01:04.11	00:59.68	
200m Backstroke	02:45.86	02:45.86	02:38.21	02:29.79	02:16.64	02:15.31	02:14.78	02:09.62	
50m Breaststroke	00:42.25	00:42.25	00:37.17	00:34.49	00:34.33	00:33.81	00:33.38	00:31.84	
100m Breaststroke	01:24.71	01:24.71	01:21.06	01:14.20	01:13.11	01:12.88	01:10.85	01:08.88	
200m Breaststroke	03:02.01	03:02.01	02:54.89	02:38.98	02:36.70	02:35.22	02:30.36	02:26.07	
50m Butterfly	00:36.62	00:36.62	00:33.42	00:29.40	00:29.28	00:28.61	00:27.55	00:27.55	
100m Butterfly	01:20.55	01:20.55	01:16.92	01:04.97	01:04.57	01:03.75	01:00.56	01:00.14	
200m Butterfly	03:00.43	03:00.43	02:51.69	02:23.13	02:17.18	02:15.20	02:13.87	02:11.02	
200m Ind. Medley	02:55.14	02:55.14	02:41.29	02:25.88	02:20.49	02:20.00	02:15.69	02:14.48	
400m Ind. Medley	06:00.78	06:00.78	05:41.93	05:08.59	04:56.62	04:54.25	04:47.79	04:41.49	



<u>City of Leeds S.C.</u> <u>New Year Meet 2022</u>

Summary of Club Entries

Male Entries	Number	@ £6.50	Cost £	
Female Entries	Number	@ £6.50	Cost £	
Coaches Passes	Number	@ £20.00	Cost £	
Total cost			Cost £	
BACS Code	JAN22(CLUBCODE) Sort Code: 402733 Account No: 41552961	Your club code is something we will use to identify your payment e.g Leeds = COLEEDS (JAN22COLEEDS)		

Entries to be received by 26th November 2021

Club

Signed
Email address
Contact address
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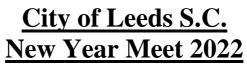
Poolside Passes					
Name of Coach with DBS Check					

CHEQUES TO BE MADE PAYABLE TO CITY OF LEEDS S.C

ALL DATA WILL BE PUBLISHED ON <u>www.swimleeds.org.uk</u>

Entries to Gala Entry Secretary, John Charles Aquatics Centre, Leeds, LS11 5DJ Entries sent to other addresses will not be accepted





Individual Entry Form Sat 8th / Sun 9th January 2022 John Charles Centre for Sport

Name					Male / Fer	male
Address						
Telephone No* (We require a con	tact No)*		E-mail			
Date of Birth		Age a	is at 9 th Jani	uary 2020		
Club						
ASA Number						

ALL TIMES TO BE 50m POOL TIMES (Long Course)

ENTRY TIME	Event no	EVENT	ENTRY TIME	Event no
		50m Breaststroke		
		100m Breaststroke		
		200m Breaststroke		
		50m Butterfly		
		100m Butterfly		
		200m Butterfly		
		200m IM		
		400m IM		
	ENTRY TIME	ENTRY TIME	ENTRY TIMEnoEVENTno50m Breaststroke100m Breaststroke100m Breaststroke200m Breaststroke50m Butterfly100m Butterfly100m Butterfly200m Butterfly200m Butterfly	ENTRY TIMEnoEVENTENTRY TIMEno50m Breaststroke100m Breaststroke100m Breaststroke200m Breaststroke50m Butterfly100m Butterfly100m Butterfly200m Butterfly200m Butterfly200m Butterfly

Total No. of Entries		@ $\pounds7.50$ per event = Total	£
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Cheques should be made payable to City of Leeds Swimming Club or BACS (Sort Code: 402733, Account No: 41552961)

(Please email leedsentries@gmail.com for bank details)

Entries must be received by the closing date 26th November 2021

Please accept my entries for the events indicated above. The time indicated against each event has been achieved. I declare that the details entered in this form are correct, that I am an eligible competitor in accordance with the ASA Laws and that I agree to abide by the meet conditions.

• Please note any clubs submitting more than 5 entries must do so using the sports sys file which will be available for download on our website.

Signature

