CITY OF LEEDS S.C.



IN ASSOCIATION WITH LCC



2022 CITY OF LEEDS SUMMER MEET LEVEL 3 AT

AQUATICS CENTRE JOHN CHARLES CENTRE FOR SPORT

SAT 25TH & SUN 26TH JUNE 2022



Meet Information

DATES Saturday 25th June and Sunday 26th June 2022

VENUE Aquatic Centre

John Charles Centre for Sport, Middleton Grove

Leeds LS11 5DJ

FACILITIES 10 lane 50m Pool, Anti-wave lane ropes and

Electronic timing.

MEET DIRECTOR Anna Darnell POSTAL ENTRIES Kevin Schofield

John Charles Aquatics Centre

Middleton Grove

Leeds LS11 5DJ

SPORTSYSTEMS ENTRIES leedsentries@gmail.com

AGE GROUPS BOYS 9, 10, 11, 12, 13, 14, 15/Ov Years

GIRLS 9, 10, 11, 12, 13, 14, 15/Ov Years

EVENTS HDW in all Events

50m all strokes

100m/200m all strokes & 200 IM 400m Freestyle & 400m IM

AWARDS Medals will be given to the first 3 places in each

age group category.

PURPOSE OF THE MEET To enable athletes to achieve times suitable for

entry into Regional and County Championships

and other Meets at Level 1 or Level 2

<u>**£6.50**</u> per event (SportSystem entry files, Via

email)

 $\underline{\pounds 7.50}$ per event (individual postal entries and individual emailed entries, Cheques payable to

"City of Leeds Swimming Club")

Coaches passes for the weekend are £20 (Includes a Programme, start sheets as well as Lunch and

refreshments)



Event Schedule

Morning Session

Session One
Saturday 25 th June 2022
Warm Up 8:00am Start 9:00am

Boys	9 - 16/OV	400m IM
Girls	9 - 16/OV	200m IM
Boys	9 - 16/OV	100m Backstroke
Girls	9 - 16/OV	100m Freestyle
Boys	9 - 16/OV	200m Breaststroke
Girls	9 - 16/OV	200m Butterfly
Boys	9 - 16/OV	50m Butterfly
Girls	9 - 16/OV	50m Breaststroke

Session Three Sunday 26th June 2022 Warm Up 8:00am Start 9:00am

Girls	9 – 16/OV	400m IM
Boys	9 - 16/OV	200m IM
Girls	9 - 16/OV	100m Backstroke
Boys	9 - 16/OV	100m Freestyle
Girls	9 - 16/OV	200m Breaststroke
Boys	9 - 16/OV	200m Butterfly
Girls	9 - 16/OV	50m Butterfly
Boys	9 - 16/OV	50m Breaststroke

Afternoon Session

Session Two
Saturday 25th June 2022
Warm Up 1:00pm Start 2:00pm

Session Four
Sunday 26 th June 2022
Warm Up 1:00pm Start 2:00pm

Girls	9 - 16/OV	400m Freestyle	Boys	9 - 16/OV	400m Freestyle
Boys	9 - 16/OV	200m Freestyle	Girls	9 - 16/OV	200m Freestyle
Girls	9 - 16/OV	100m Breaststroke	Boys	9 - 16/OV	100m Breaststroke
Boys	9 - 16/OV	100m Butterfly	Girls	9 - 16/OV	100m Butterfly
Girls	9 - 16/OV	200m Backstroke	Boys	9 - 16/OV	200m Backstroke
Boys	9 - 16/OV	50m Backstroke	Girls	9 - 16/OV	50m Backstroke
Girls	9 - 16/OV	50m Freestyle	Boys	9 - 16/OV	50m Freestyle

CLOSING DATE
On or before 12:00pm FRIDAY 13th MAY 2022



Meet Conditions

- 1. This meet is held under ASA Laws and ASA Technical Rules.
- 2. All competitors must be registered with the ASA or their own national association as appropriate.
- 3. Age on the 26th June 2022.
- 4. This meet will be run using the linked Sportsystems software, please use a training time where no time is available. Converted short course times can be used and the Sportsystem entry file will be produced to accept these times. The SportSystems File will be released on the 03/05/2022.
- 5. The promoter reserves the right to limit entries to meet gala license timing restrictions. Where this rule is invoked, the meet will be filled on based on **FIRST COME, FIRST SERVED**. Rejections will be made in each event rather then by club to ensure the smooth running of the competition. Events chosen for restrictions will be at the meet organisers' discretion.
- 6. Any Electronic or postal entries received after the closing date will not be accepted.
- 7. BACS Payments should be made using the appropriate club code. For this Meet it is **JUN22(Your Club Code)** Your club code is something we will use to identify your payment e.g Leeds = COLEEDS (JUN22COLEEDS).
- 8. Bank Details for BACS payments are Sort Code: 402733, Account No: 41552961
- 9. Withdrawals
 - Heats Must notify the meet desk before the start of the warm up. Email: leedsentries@gmail.com
- 10. No poolside entries will be accepted.
- 11. All competitors must go through marshalling. If a competitor does not report to marshalling in time the event will proceed without the competitor.
- 12. If cancellation of the event is necessary then the only claim will be the entry fees paid.
- 13. Refunds will not be given for withdrawn swimmers, for entry errors or omissions attributable to the individual or their club. Only to individuals who can prove they are not fit to compete through evidence of a doctors note may be given a refund.
- 14. A draft programme will be posted on the web site. All rejected swim refunds will be returned to the relevant clubs during the gala, or through BACS if requested.
- 15. The Referee's decision regarding the interpretation and judgement of any ASA rules or laws is final.
- 16. City of Leeds Swimming Club accepts no responsibility for loss or damage to competitors personal belongings, how so ever caused, unless such damage is caused by the negligence of the City of Leeds Swimming Club.



- 17. City of Leeds Swimming Club and the Meet Organisers are not responsible for individual swimmers on poolside. All swimmers on poolside should be accompanied by a person with a coaches pass and who has had a DBS check.
- 18. Any point not covered by these rules will be at the discretion of the Meet organisers.



Consideration Times

Swimmers must **not** be faster than the times listed below.

LONG COURSE TIMES (short course converted will be accepted)

	Male						Events	Female									
9	10	11	12	13	14	15/O	Events	9	10	11	12	13	14	15/O			
00:32.4	00:32.4	00:30.8	00:29.1	00:27.7	00:26.6	00:25.8	50m Freestyle	00:32.8	00:32.8	00:31.3	00:29.9	00:29.0	00:28.5	00:28.1			
01:10.6	01:10.6	01:06.6	01:02.5	00:59.2	00:57.0	00:55.6	100m Freestyle	01:12.1	01:12.1	01:07.2	01:03.7	01:02.0	01:00.9	01:00.2			
02:32.3	02:32.3	02:24.0	02:15.6	02:08.7	02:03.8	02:00.8	200m Freestyle	02:33.1	02:33.1	02:24.5	02:16.9	02:12.9	02:10.9	02:09.0			
05:20.5	05:20.5	05:00.5	04:44.0	04:30.9	04:21.9	04:15.2	400m Freestyle	05:24.0	05:24.0	05:00.1	04:44.6	04:37.2	04:33.1	04:29.3			
00:37.4	00:37.4	00:35.5	00:33.6	00:31.6	00:30.5	00:29.4	50m Backstroke	00:37.4	00:37.4	00:35.5	00:33.9	00:32.8	00:32.1	00:31.8			
01:21.4	01:21.4	01:15.3	01:10.9	01:06.7	01:03.8	01:01.7	100m Backstroke	01:21.4	01:21.4	01:15.4	01:11.2	01:08.8	01:07.6	01:06.4			
02:50.8	02:50.8	02:40.1	02:31.2	02:22.9	02:16.9	02:12.8	200m Backstroke	02:52.2	02:52.2	02:39.1	02:31.3	02:27.3	02:24.6	02:22.0			
00:42.5	00:42.5	00:40.0	00:37.5	00:35.1	00:33.7	00:30.0	50m Breaststroke	00:42.7	00:42.7	00:40.1	00:38.0	00:36.6	00:35.8	00:35.2			
01:32.8	01:32.8	01:26.0	01:20.5	01:15.3	01:12.2	01:08.8	100m Breaststroke	01:33.3	01:33.3	01:25.9	01:21.3	01:18.1	01:15.8	01:15.1			
03:18.1	03:18.1	03:04.7	02:53.6	02:43.2	02:36.1	02:31.5	200m Breaststroke	03:18.3	03:18.3	03:04.4	02:54.3	02:47.5	02:43.7	02:42.1			
00:36.4	00:36.4	00:34.1	00:32.3	00:30.5	00:29.2	00:28.1	50m Butterfly	00:36.3	00:36.3	00:34.5	00:32.7	00:31.7	00:31.0	00:30.4			
01:22.6	01:22.6	01:15.4	01:10.4	01:06.2	01:03.2	01:00.9	100m Butterfly	01:22.5	01:22.5	01:15.4	01:11.0	01:08.8	01:07.0	01:06.4			
03:00.8	03:00.8	02:44.7	02:35.1	02:26.3	02:19.9	02:13.8	200m Butterfly	03:03.1	03:03.1	02:46.5	02:35.8	02:30.2	02:26.0	02:23.9			
02:54.9	02:54.9	02:43.4	02:34.2	02:26.6	02:19.9	02:16.1	200m Ind. Medley	02:54.8	02:54.8	02:43.2	02:34.7	02:30.7	02:27.7	02:25.8			
06:16.4	06:16.4	05:46.6	05:25.2	05:09.6	04:56.4	04:47.5	400m Ind. Medley	06:15.5	06:15.5	05:44.3	05:25.6	05:15.3	05:09.7	05:06.0			



Summary of Club Entries

Male Entries	Number	@ £6.50	Cost £
Female Entries	Number	@ £6.50	Cost £
Coaches Passes	Number	@ £20.00	Cost £
Total cost			Cost £

Entries to be received by 13th May 2022

Club		•••••
Signed		•••••
Email addre	ss	••••••
Contact add	ress	•••••
	••••••	
•••••	Poolside Passes	••••••
	Name of Coach with DBS Check	
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CHEQUES TO BE MADE PAYABLE TO CITY OF LEEDS S.C

ALL DATA WILL BE PUBLISHED ON www.swimleeds.org.uk

Entries to Gala Entry Secretary, John Charles Centre for Sport, Middleton Grove, Leeds LS11 5DJ
Entries sent to other addresses will not be accepted



Individual Entry Form Sat 25th & Sun 26th June 2022 John Charles Centre for Sport

Name					Male / Fer	nale
Address						
Telephone No* (We require a con	tact No)*		E-mail			
Date of Birth		Age a	s at 26th Ju	ne 2022		
Club						
ASA Number						

ALL TIMES ARE TO BE CONVERTED TO LONG COURSE

EVENT	ENTRY TIME	Event no	EVENT ENTRY TIME				
50m Freestyle			50m Breaststroke				
100m Freestyle			100m Breaststroke				
200m Freestyle			200m Breaststroke				
400m Freestyle			50m Butterfly				
50m Backstroke			100m Butterfly				
100m Backstroke			200m Butterfly				
200m Backstroke			200m IM				
			400m IM				
				I			
Total No. of Entries		@ £7.5	50 per event = Total	£			

Cheques should be made payable to City of Leeds Swimming Club or BACS (Sort Code: 402733, Account No: 41552961)

Please return entries by Closing Date 13th May 2022

Please accept my entries for the events indicated above. The time indicated against each event has been achieved. I declare that the details entered in this form are correct, that I am an eligible competitor in accordance with the ASA Laws and that I agree to abide by the meet conditions.

Signat	ture	 													

