

CITY OF LEEDS S.C.



IN ASSOCIATION WITH LCC



Leeds
CITY COUNCIL

**2023
NATIONAL QUALIFIER
LEVEL 1
AT**

**AQUATICS CENTRE
JOHN CHARLES CENTRE FOR SPORT**

**FRI 14TH / SAT 15TH / SUN 16TH APRIL
2023**

City of Leeds S.C.

National Qualifier 2023

<u>DATES</u>	Friday 14 th , Saturday 15 th and Sunday 16 th April 2023
<u>VENUE</u>	Aquatic Centre John Charles Centre For Sport Middleton Grove Leeds LS11 5DJ
<u>FACILITIES</u>	10 lane 50m Pool, Anti-wave lane ropes and Electronic timing.
<u>MEET DIRECTOR</u> <u>POSTAL ENTRIES</u>	Anna Darnell Kevin Schofield John Charles Aquatics Centre Leeds LS11 5DJ
<u>SPORTSYSTEMS ENTRIES</u>	leedsentries@gmail.com
<u>AGE GROUPS</u>	BOYS 12/UN, 13, 14, 15/OV Years GIRLS 12/UN, 13, 14, 15/OV Years
<u>EVENTS</u>	50m all strokes (Open finals) 100m/200m all strokes & 200 IM (Finals – 12/UN, 13, 14, 15OV) 400m Freestyle & 400m IM (Open Finals) Boys & Girls 800m & 1500m Freestyle (12/OV HDW)
<u>AWARDS</u>	Medals for 1 st three in each age group for HDW Medals for 1 st three in each final only
<u>PURPOSE OF THE MEET</u>	To enable athletes to achieve qualifying times suitable for entry into National, Regional and County Championships
<u>FEES</u>	£8.50 per event (SportSystem entry files, Via email) £9.50 per event (individual postal entries and individual emailed entries, Cheques payable to “City of Leeds Swimming Club”) Coaches passes for the weekend are £25 (Includes a Programme, start sheets as well as Lunch and refreshments)

CLOSING DATE FRIDAY 24th FEBRUARY 2023



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City of Leeds S.C.

National Qualifier 2023

Event Schedule

Session One

Friday 14th April 2023

Warm Up: 15:30 Start: 16:30

Girls 12/OV 1500m Freestyle (HDW)

Boys 12/OV 1500m Freestyle (HDW)

Morning Sessions

Session Two

Saturday 15th April 2023

Warm Up 8:00am Start 9:00am

Girls	12/OV	800m Freestyle (HDW)
Boys	OPEN	400m Freestyle
Girls	12/Un – 15/OV	200m Freestyle
Boys	OPEN	50m Breaststroke
Girls	12/Un – 15/OV	100m Breaststroke
Boys	12/Un – 15/OV	200m IM
Girls	12/Un – 15/OV	100m Butterfly
Boys	12/Un – 15/OV	100m Backstroke
Girls	OPEN	50m Backstroke
Boys	12/Un – 15/OV	200m Butterfly
Girls	OPEN	400m IM
Boys	12/Un – 15/OV	100m Freestyle
Girls	OPEN	50m Freestyle
Boys	12/Un – 15/OV	200m Breaststroke
Girls	12/Un – 15/OV	200m Backstroke
Boys	OPEN	50m Butterfly

Session Four

Sunday 16th April 2023

Warm Up 8:00am Start 9:00am

Boys	12/OV	800m Freestyle (HDW)
Girls	OPEN	400m Freestyle
Boys	12/Un – 15/OV	200m Freestyle
Girls	OPEN	50m Breaststroke
Boys	12/Un – 15/OV	100m Breaststroke
Girls	12/Un – 15/OV	200m IM
Boys	12/Un – 15/OV	100m Butterfly
Girls	12/Un – 15/OV	100m Backstroke
Boys	OPEN	50m Backstroke
Girls	12/Un – 15/OV	200m Butterfly
Boys	OPEN	400m IM
Girls	12/Un – 15/OV	100m Freestyle
Boys	OPEN	50m Freestyle
Girls	12/Un – 15/OV	200m Breaststroke
Boys	12/Un – 15/OV	200m Backstroke
Girls	OPEN	50m Butterfly

Afternoon Sessions

Session Three

Saturday 15th April 2023

Warm Up TBC Start TBC

Boys	OPEN	400m Freestyle
Girls	12/Un	200m Freestyle
Girls	13	200m Freestyle
Girls	14	200m Freestyle
Girls	15/OV	200m Freestyle
Boys	OPEN	50m Breaststroke

Session Five

Sunday 16th April 2023

Warm Up TBC Start TBC

Girls	OPEN	400m Freestyle
Boys	12/Un	200m Freestyle
Boys	13	200m Freestyle
Boys	14	200m Freestyle
Boys	15/OV	200m Freestyle
Girls	OPEN	50m Breaststroke



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Afternoon Sessions Continued

Session Three continued...

Saturday 15th April 2023

Girls	12/Un	100m Breaststroke
Girls	13	100m Breaststroke
Girls	14	100m Breaststroke
Girls	15/OV	100m Breaststroke
Boys	12/Un	200m IM
Boys	13	200m IM
Boys	14	200m IM
Boys	15/OV	200m IM
Girls	12/Un	100m Butterfly
Girls	13	100m Butterfly
Girls	14	100m Butterfly
Girls	15/OV	100m Butterfly
Boys	12/Un	100m Backstroke
Boys	13	100m Backstroke
Boys	14	100m Backstroke
Boys	15/OV	100m Backstroke
Girls	OPEN	50m Backstroke
Boys	12/Un	200m Butterfly
Boys	13	200m Butterfly
Boys	14	200m Butterfly
Boys	15/OV	20m Butterfly
Girls	OPEN	400m IM
Boys	12/Un	100m Freestyle
Boys	13	100m Freestyle
Boys	14	100m Freestyle
Boys	15/OV	100m Freestyle
Girls	OPEN	50m Freestyle
Boys	12/Un	200m Breaststroke
Boys	13	200m Breaststroke
Boys	14	200m Breaststroke
Boys	15/OV	200m Breaststroke
Girls	12/Un	200m Backstroke
Girls	13	200m Backstroke
Girls	14	200m Backstroke
Girls	15/OV	200m Backstroke
Boys	OPEN	50m Butterfly

Session Five continued...

Sunday 16th April 2023

Boys	12/Un	100m Breaststroke
Boys	13	100m Breaststroke
Boys	14	100m Breaststroke
Boys	15/OV	100m Breaststroke
Girls	12/Un	200m IM
Girls	13	200m IM
Girls	14	200m IM
Girls	15/OV	200m IM
Boys	12/Un	100m Butterfly
Boys	13	100m Butterfly
Boys	14	100m Butterfly
Boys	15/OV	100m Butterfly
Girls	12/Un	100m Backstroke
Girls	13	100m Backstroke
Girls	14	100m Backstroke
Girls	15/OV	100m Backstroke
Boys	OPEN	50m Backstroke
Girls	12/Un	200m Butterfly
Girls	13	200m Butterfly
Girls	14	200m Butterfly
Girls	15/OV	20m Butterfly
Boys	OPEN	400m IM
Girls	12/Un	100m Freestyle
Girls	13	100m Freestyle
Girls	14	100m Freestyle
Girls	15/OV	100m Freestyle
Boys	OPEN	50m Freestyle
Girls	12/Un	200m Breaststroke
Girls	13	200m Breaststroke
Girls	14	200m Breaststroke
Girls	15/OV	200m Breaststroke
Boys	12/Un	200m Backstroke
Boys	13	200m Backstroke
Boys	14	200m Backstroke
Boys	15/OV	200m Backstroke
Girls	OPEN	50m Butterfly



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City of Leeds S.C.

National Qualifier 2023

Meet Conditions

1. This meet is held under ASA Laws and ASA Technical Rules.
2. All competitors must be registered with the ASA or their own national association as appropriate.
3. Age as of **31st December 2023**.
4. This meet will be run using the linked Sportsystems software, please use a training time where no time is available. **Converted short course times can be used and the Sportsystem entry file will be produced to accept these times. The SportSystems File will be released on the 14/02/2023.**
5. The promoter reserves the right to limit entries to meet gala license timing restrictions. Where this rule is invoked, the swimmers with the fastest submitted times would take precedence. Events chosen for restrictions will be at the meet organisers' discretion.
6. All entries and rejections will be posted on the City of Leeds Swimming Club Website
7. Any Electronic or postal entries received after the closing date will not be accepted.
8. BACS Payments should be made using the appropriate club code. For this Meet it is **APR23(Your Club Code)** Your club code is something we will use to identify your payment e.g Leeds = COLEEDS (APR23COLEEDS).
9. Bank Details for BACS payments are Sort Code: 402733, Account No: 41552961
10. Withdrawals
 - Heats – Must notify the meet desk before the start of the warm up.
Email: leedsentries@gmail.com
11. No poolside entries will be accepted.
12. All competitors must go through marshalling. If a competitor does not report to marshalling in time the event will proceed without the competitor.
13. Strictly no diving in or climbing over pads is permitted during warm up in the competition pool.
14. If cancellation of the event is necessary, then the only claim will be the entry fees paid.
15. Refunds will not be given for withdrawn swimmers, for entry errors or omissions attributable to the individual or their club. Only to individuals who can prove they are not fit to compete through evidence of a doctor's note may be given a refund.
16. A draft programme will be posted on the web site. All rejected swim refunds will be returned to the relevant clubs during the gala, or through BACS if requested.
17. The Referee's decision regarding the interpretation and judgement of any ASA rules or laws is final.
18. City of Leeds Swimming Club accepts no responsibility for loss or damage to competitors personal belongings, how so ever caused, unless such damage is caused by the negligence of the City of Leeds Swimming Club.
19. City of Leeds Swimming Club and the Meet Organisers are not responsible for individual swimmers on poolside. All swimmers on poolside should be accompanied by a person with a coaches pass and who has had a DBS check.



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20. If the event the competition is cancelled due to government restrictions, all entries will be refunded in full.
21. Spectators will only be allowed if Leeds City Council and current government guidelines allow.
22. "Over the top" starts will be used in the heats at the discretion of the promoter.
23. Backstroke ledges will be available and used at the promoter's discretion
24. No swimmers are allowed up to the balcony
25. Swimmers must wear footwear when leaving the pool area.
26. A mobile strobe will be available throughout the competition. Any competitor who needs to use it should notify the event referee prior to the start of the session.
27. The promoter reserves the right to refuse admission to any competitor or spectator.
28. Swimmers with a disability shall swim under IPC Rules.
29. Qualifying times for disability competitors are not required. However, entry times shall be submitted for the purpose of seeding the heats.
30. Personal Care Attendants/Coaches: Personal care attendants will only be permitted for swimmers in the following classes: S1, S2, S3, S4, S5 and S11. A swimmer in any of these classes may have both a coach and a personal care attendant present. No charge will be applied for personal care attendant. Poolside passes: coaches' passes shall attract the advertised fee. All coaches, chaperones and personal care attendants must conform to the Swim England child protection procedures and hold a current DBS certificate.
31. The competition format will be based on disability inclusion within the able-bodied programme i.e. there will be no separate events for swimmers with disabilities. All swimmers will be seeded in the heats according to their entry times. Disability competitors will be included within the results for their age group.
32. Officials are reminded that City of Leeds Swimming Club is an environmentally responsible club and aims to limit the use of single use plastic. Therefore, please do bring a water bottle, we will happily keep it filled up.
33. Any point not covered by these rules will be at the discretion of the Meet organisers.



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City of Leeds S.C. National Qualifier 2023

Consideration Times

Swimmers must have achieved the Qualifying standard times listed below.

LONG COURSE TIMES

Male				Events	Female			
12/U	13	14	15/OV		12/U	13	14	15/OV
00:32.60	00:32.50	00:30.00	00:28.40	50m Freestyle	00:33.60	00:33.50	00:31.50	00:30.50
01:10.80	01:09.80	01:06.00	01:00.40	100m Freestyle	01:13.00	01:11.00	01:05.50	01:04.50
02:35.00	02:32.00	02:22.00	02:12.00	200m Freestyle	02:43.00	02:26.00	02:21.00	02:19.00
05:15.00	05:14.00	04:57.00	04:36.00	400m Freestyle	05:10.00	05:04.00	04:56.50	04:51.00
11:00.00	10:40.00	10:30.50	10:12.00	800m Freestyle	11:47.00	11:17.00	10:30.50	10:12.00
22:00.00	21:30.00	21:00.00	20:30.00	1500m Freestyle	22:00.00	21:30.00	21:00.00	20:30.00
00:43.50	00:38.40	00:37.80	00:37.00	50m Backstroke	00:40.50	00:40.30	00:38.00	00:37.00
01:32.00	01:26.00	01:21.90	01:16.00	100m Backstroke	01:25.00	01:23.00	01:17.00	01:16.00
03:21.10	03:09.00	02:52.80	02:34.00	200m Backstroke	03:01.00	02:58.00	02:39.00	02:33.00
00:49.00	00:47.00	00:44.00	00:41.00	50m Breaststroke	00:45.10	00:44.50	00:43.30	00:41.50
01:45.00	01:40.90	01:36.40	01:30.00	100m Breaststroke	01:36.00	01:35.70	01:31.00	01:28.00
03:35.00	03:25.00	03:20.00	03:11.00	200m Breaststroke	03:22.00	03:18.00	03:09.00	03:03.00
00:37.00	00:35.00	00:34.70	00:32.10	50m Butterfly	00:36.00	00:35.20	00:34.20	00:33.50
01:33.50	01:26.50	01:20.70	01:12.00	100m Butterfly	01:21.00	01:20.00	01:16.50	01:12.90
03:00.00	02:50.00	02:33.00	02:30.00	200m Butterfly	03:06.50	03:00.00	02:56.00	02:55.10
02:53.50	02:53.00	02:46.00	02:38.40	200m Ind. Medley	02:54.00	02:50.50	02:39.00	02:37.00
05:55.00	05:30.00	05:24.00	05:14.00	400m Ind. Medley	06:00.00	05:44.00	05:40.00	05:31.00



City of Leeds S.C.
National Qualifier 2023
Summary of Club Entries

Male Entries	Number	@ £8.50	Cost £
Female Entries	Number	@ £8.50	Cost £
Coaches Passes	Number	@ £25.00	Cost £
Total cost			Cost £

Entries to be received by 24th February 2023

Club

Signed

Email address

Contact address.....

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Poolside Passes

<i>Name of Coach with DBS Check</i>

CHEQUES TO BE MADE PAYABLE TO CITY OF LEEDS S.C

ALL DATA WILL BE PUBLISHED ON www.swimleeds.org.uk

**Entries to Gala Entry Secretary, John Charles Aquatics Centre, Leeds LS11 5DJ
 Entries sent to other addresses will not be accepted**



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City of Leeds S.C. National Qualifier 2023

Individual Entry Form

Fri 14th / Sat 15th / Sun 16th April 2023

John Charles Centre for Sport

Name		Male / Female
Address		
Telephone No* (We require a contact No)*		E-mail
Date of Birth	Age as at 31st December 2023	
Club		
ASA Number		

ALL TIMES TO BE 50m POOL TIMES (Long Course)

PLEASE REFER TO QUALIFYING TIMES INFORMATION

EVENT	ENTRY TIME	Event no	EVENT	ENTRY TIME	Event no
50m Freestyle			50m Breaststroke		
100m Freestyle			100m Breaststroke		
200m Freestyle			200m Breaststroke		
400m Freestyle			50m Butterfly		
800m Freestyle (12+)			100m Butterfly		
1500m Freestyle (12+)			200m Butterfly		
50m Backstroke			200m IM		
100m Backstroke			400m IM		
200m Backstroke					

Total No. of Entries		@ £9.50 per event = Total	£
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Payment should be made by BACS to City of Leeds Swimming Club (Account: COLSC, Sort Code: 402733, Account No: 41552961)

Please return entries by Closing Date 24th February 2023

Please accept my entries for the events indicated above. The time indicated against each event has been achieved. I declare that the details entered in this form are correct, that I am an eligible competitor in accordance with the ASA Laws and that I agree to abide by the meet conditions.

Signature



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