

CITY OF LEEDS S.C.



IN ASSOCIATION WITH LCC



**2025
SEPTEMBER MEET
LEVEL 3
AT**

**AQUATICS CENTRE
JOHN CHARLES CENTRE FOR SPORT**

SAT 27TH / 28TH SEPT 2025

City of Leeds S.C.

September Meet 2025

DATES

Saturday 27th and Sunday 28th September 2025

VENUE

Aquatic Centre
John Charles Centre for Sport, Middleton Grove
Leeds, LS11 5DJ

FACILITIES

10 lane 25m Pool, Anti-wave lane ropes and
Electronic timing. Swim Down Facilities will
be available.

MEET DIRECTOR

Anna Darnell

INDIVIDUAL ENTRIES

FAO Entries Team
leedsentries@gmail.com

SPORTSYSTEMS ENTRIES

leedsentries@gmail.com

AGE GROUPS

BOYS 9, 10, 11, 12, 13, 14, 15, 16/OV Years
GIRLS 9, 10, 11, 12, 13, 14, 15, 16/OV Years

EVENTS

ALL Events Mixed Gender & Age Groups
ALL Heat Declared Winners
50m/100m/200m all strokes
400m Freestyle
100m/ 200m IM/ 400m IM

AWARDS

Medals to 1st three in each age group.

PURPOSE OF THE MEET

To enable athletes to achieve times suitable for entry into
Regional and County Championships and other meets at
Level 1 or Level 2.

FEES

£8.00 per event (SportSystem entry files, via email)
£9.00 per event (individual emailed entries, payment
taken by BACS)

Coaches passes for the weekend are £25 (Includes a
Programme, start sheets as well as Lunch and refreshments)

CLOSING DATE FRIDAY 5th SEPT 2025



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City of Leeds S.C.
September Meet 2025
Event Schedule

Morning Sessions

Session One

Saturday 27th September 2025

Warm Up: 8:00am, Start 9:00am

| | | |
|-------|-------|-------------------|
| Mixed | 13/OV | 400m IM |
| Mixed | 12/UN | 200m IM |
| Mixed | 13/OV | 100m Breaststroke |
| Mixed | 12/UN | 100m Backstroke |
| Mixed | 13/OV | 200m Freestyle |
| Mixed | 12/UN | 200m Butterfly |
| Mixed | 13/OV | 50m Butterfly |
| Mixed | 12/UN | 50m Breaststroke |

Session Three

Sunday 28th September 2025

Warm Up: 8:00am, Start 9:00am

| | | |
|-------|-------|-------------------|
| Mixed | 12/UN | 400m IM |
| Mixed | 13/OV | 200m IM |
| Mixed | 12/UN | 100m Breaststroke |
| Mixed | 13/OV | 100m Backstroke |
| Mixed | 12/UN | 200m Freestyle |
| Mixed | 13/OV | 200m Butterfly |
| Mixed | 12/UN | 50m Butterfly |
| Mixed | 13/OV | 50m Breaststroke |

Afternoon Session

Session Two

Saturday 27th September 2025

Warm Up: 13:00am, Start 14:00am

| | | |
|-------|-------|-------------------|
| Mixed | 12/UN | 400m Freestyle |
| Mixed | 13/OV | 200m Breaststroke |
| Mixed | 12/UN | 100m Butterfly |
| Mixed | 13/OV | 100m Freestyle |
| Mixed | 12/UN | 200m Backstroke |
| Mixed | 13/OV | 50m Backstroke |
| Mixed | 12/UN | 50m Freestyle |
| Mixed | 13/OV | 100m IM |

Session Four

Sunday 28th September 2025

Warm Up: 13:00am, Start 14:00am

| | | |
|-------|-------|-------------------|
| Mixed | 13/OV | 400m Freestyle |
| Mixed | 12/UN | 200m Breaststroke |
| Mixed | 13/OV | 100m Butterfly |
| Mixed | 12/UN | 100m Freestyle |
| Mixed | 13/OV | 200m Backstroke |
| Mixed | 12/UN | 50m Backstroke |
| Mixed | 13/OV | 50m Freestyle |
| Mixed | 12/UN | 100m IM |



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City of Leeds S.C.
September Meet 2025
Meet Conditions

1. The Competition shall be held under World Aquatics Rules (WAQUA), World Para-Swimming (WPS) rules and regulations where relevant, the British Swimming Judicial Code and any additional conditions (printed in the respective Meet Information). Where WAQUA Rules do not provide (e.g. Health and Safety Regulations or Child Protection Guidelines) the requirements of Swim England shall apply to events held in England.
2. Entries - These are only accepted from competitors registered as members of Swim England, Scottish Swimming, or Swim Wales or competitors who have Great Britain as their WAQUA and WPS recognised 'sport nationality' and are a member of a club within a Federation that is affiliated to WAQUA, WPS and that WAQUA, WPS or the UK Government has not deemed ineligible to compete. Where required to do so, competitors shall present their passport for age and nationality verification to the British Swimming Events Officer.
3. Age as at 28th September 2025.
4. This meet will be run using the linked Sportsystems software, please use a training time where no time is available. **Converted short course times can be used and the Sportsystem entry file will be produced to accept these times. The SportSystems File will be released on the 28/08/2025.**
5. The promoter reserves the right to limit entries to meet gala license timing restrictions. Where this rule is invoked, the meet will be filled on based on **FIRST COME, FIRST SERVED**. Rejections will be made in each event rather than by club to ensure the smooth running of the competition. Events chosen for restrictions will be at the meet organisers' discretion.
6. All entries and rejections will be posted on the City of Leeds Swimming Club Website
7. Any electronic entries received after the closing date will not be accepted.
8. BACS Payments should be made using the appropriate club code. For this Meet it is **SEP25(Your Club Code)** Your club code is something we will use to identify your payment e.g Leeds = COLEEDS (SEP25COLEEDS).
9. Bank Details for BACS payments are: Account Name: COLSC, Sort Code: 402733, Account No: 41552961
10. Withdrawals
 - Heats – Must notify the meet desk before the start of the warm up.
Email: leedsentries@gmail.com
11. No poolside entries will be accepted.
12. All competitors must go through marshalling. If a competitor does not report to marshalling in time the event will proceed without the competitor.
13. All events will have two categories – Female and Open. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.



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14. All competitors must go through marshalling. If a competitor does not report to marshalling in time the event will proceed without the competitor.
15. Strictly no diving in or climbing over pads is permitted during warm up in the competition pool.
16. If cancellation of the event is necessary, then the only claim will be the entry fees paid.
17. Refunds will not be given for withdrawn swimmers, for entry errors or omissions attributable to the individual or their club. Only to individuals who can prove they are not fit to compete through evidence of a doctor's note may be given a refund.
18. A draft programme will be posted on the web site. All rejected swim refunds will be returned to the relevant clubs during the gala, or through BACS if requested.
19. The Referee's decision regarding the interpretation and judgement of any WAQUA rules or laws is final.
20. City of Leeds Swimming Club accepts no responsibility for loss or damage to competitors personal belongings, how so ever caused, unless such damage is caused by the negligence of the City of Leeds Swimming Club.
21. City of Leeds Swimming Club and the Meet Organisers are not responsible for individual swimmers on poolside. All swimmers on poolside should be accompanied by a person with a coaches pass and who has had a DBS check.
22. If the event the competition is cancelled due to government restrictions, all entries will be refunded in full.
23. Spectators will only be allowed if Leeds City Council and current government guidelines allow.
24. "Over the top" starts will be used in the heats at the discretion of the promoter.
25. Backstroke ledges will be available and used at the promoter's discretion.
26. No swimmers are allowed up to the balcony.
27. Swimmers must wear footwear when leaving the pool area.
28. A mobile strobe will be available throughout the competition. Any competitor who needs to use it should notify the event referee prior to the start of the session.
29. The promoter reserves the right to refuse admission to any competitor or spectator.
30. Swimmers with a disability shall swim under IPC Rules.
31. Qualifying times for disability competitors are not required. However, entry times shall be submitted for the purpose of seeding the heats.
32. Personal Care Attendants/Coaches: Personal care attendants will only be permitted for swimmers in the following classes: S1, S2, S3, S4, S5 and S11. A swimmer in any of these classes may have both a coach and a personal care attendant present. No charge will be applied for personal care attendant. Poolside passes; coaches' passes shall attract the advertised fee. All coaches, chaperones and personal care attendants must conform to the Swim England child protection procedures and hold a current DBS certificate.



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33. The competition format will be based on disability inclusion within the able-bodied programme i.e. there will be no separate events for swimmers with disabilities. All swimmers will be seeded in the heats according to their entry times. Disability competitors will be included within the results for their age group.
34. Officials are reminded that City of Leeds Swimming Club is an environmentally responsible club and aims to limit the use of single use plastic. Therefore, please do bring a water bottle, we will happily keep it filled up.
35. All officials are required to use the upstairs changing facility, whilst swimmers must use the poolside changing rooms.
36. No camping chairs are allowed to be used in the facility.
37. Any point not covered by these rules will be at the discretion of the Meet organisers.



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City of Leeds S.C.

September Meet 2025

Upper Limit Times

Swimmers must **NOT** be faster than the times listed below.

SHORT COURSE TIMES (long course converted will be accepted)

| Events | Male | | | | | | | |
|-------------------|----------|----------|----------|----------|----------|----------|----------|----------|
| | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16/O |
| 50m Freestyle | 00:32.37 | 00:32.37 | 00:28.43 | 00:28.39 | 00:26.27 | 00:25.31 | 00:24.76 | 00:22.43 |
| 100m Freestyle | 01:11.92 | 01:11.92 | 01:04.06 | 01:02.41 | 00:59.31 | 00:55.82 | 00:54.27 | 00:50.65 |
| 200m Freestyle | 02:36.29 | 02:36.29 | 02:20.93 | 02:16.55 | 02:05.53 | 02:03.65 | 01:57.53 | 01:53.10 |
| 400m Freestyle | 05:26.09 | 05:26.09 | 04:57.71 | 04:47.84 | 04:26.92 | 04:19.07 | 04:08.18 | 04:00.83 |
| 50m Backstroke | 00:37.01 | 00:37.01 | 00:33.70 | 00:31.86 | 00:30.31 | 00:29.29 | 00:27.52 | 00:26.27 |
| 100m Backstroke | 01:19.04 | 01:19.04 | 01:13.28 | 01:09.74 | 01:04.68 | 01:01.89 | 00:59.37 | 00:55.02 |
| 200m Backstroke | 02:51.77 | 02:51.77 | 02:37.19 | 02:31.36 | 02:20.76 | 02:15.82 | 02:08.21 | 02:00.79 |
| 50m Breaststroke | 00:43.66 | 00:43.66 | 00:39.43 | 00:36.09 | 00:32.77 | 00:32.46 | 00:31.17 | 00:27.88 |
| 100m Breaststroke | 01:34.84 | 01:34.84 | 01:24.39 | 01:17.81 | 01:11.70 | 01:10.21 | 01:07.18 | 01:02.44 |
| 200m Breaststroke | 03:15.05 | 03:15.05 | 02:56.21 | 02:47.91 | 02:35.50 | 02:33.72 | 02:27.12 | 02:20.03 |
| 50m Butterfly | 00:34.71 | 00:34.71 | 00:30.43 | 00:29.67 | 00:29.00 | 00:28.59 | 00:27.63 | 00:26.65 |
| 100m Butterfly | 01:18.85 | 01:18.85 | 01:07.34 | 01:05.33 | 01:01.72 | 00:59.75 | 00:58.54 | 00:54.73 |
| 200m Butterfly | 02:59.44 | 02:59.44 | 02:35.10 | 02:30.95 | 02:19.17 | 02:12.24 | 02:07.48 | 02:00.84 |
| 100m Ind. Medley | 01:31.40 | 01:24.30 | 01:19.20 | 01:15.10 | 01:11.13 | 01:07.90 | 01:06.30 | 01:04.50 |
| 200m Ind. Medley | 02:53.40 | 02:53.40 | 02:35.06 | 02:32.90 | 02:22.33 | 02:19.83 | 02:11.81 | 02:00.32 |
| 400m Ind. Medley | 06:00.12 | 06:00.12 | 05:20.05 | 05:11.56 | 04:56.65 | 04:48.48 | 04:37.44 | 04:11.62 |



City of Leeds S.C.

September Meet 2025

Upper Limit Times

Swimmers must **NOT** be faster than the times listed below.

SHORT COURSE TIMES (long course converted will be accepted)

| Events | Female | | | | | | | |
|-------------------|----------|----------|----------|----------|----------|----------|----------|----------|
| | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16/O |
| 50m Freestyle | 00:33.80 | 00:33.80 | 00:29.74 | 00:28.91 | 00:28.05 | 00:27.46 | 00:26.62 | 00:25.56 |
| 100m Freestyle | 01:10.40 | 01:10.40 | 01:05.10 | 01:02.44 | 00:59.81 | 00:59.11 | 00:56.93 | 00:55.77 |
| 200m Freestyle | 02:30.50 | 02:30.50 | 02:18.22 | 02:13.91 | 02:05.12 | 02:04.58 | 02:03.14 | 01:58.05 |
| 400m Freestyle | 05:26.97 | 05:26.97 | 05:04.32 | 04:37.87 | 04:19.21 | 04:18.84 | 04:15.75 | 04:08.40 |
| 50m Backstroke | 00:38.90 | 00:38.90 | 00:35.81 | 00:32.98 | 00:31.64 | 00:30.46 | 00:29.54 | 00:28.20 |
| 100m Backstroke | 01:20.32 | 01:20.32 | 01:14.28 | 01:08.57 | 01:05.38 | 01:04.09 | 01:04.11 | 00:59.68 |
| 200m Backstroke | 02:45.86 | 02:45.86 | 02:38.21 | 02:29.79 | 02:16.64 | 02:15.31 | 02:14.78 | 02:09.62 |
| 50m Breaststroke | 00:42.25 | 00:42.25 | 00:37.17 | 00:34.49 | 00:34.33 | 00:33.81 | 00:33.38 | 00:31.84 |
| 100m Breaststroke | 01:24.71 | 01:24.71 | 01:21.06 | 01:14.20 | 01:13.11 | 01:12.88 | 01:10.85 | 01:08.88 |
| 200m Breaststroke | 03:02.01 | 03:02.01 | 02:54.89 | 02:38.98 | 02:36.70 | 02:35.22 | 02:30.36 | 02:26.07 |
| 50m Butterfly | 00:36.62 | 00:36.62 | 00:33.42 | 00:29.40 | 00:29.28 | 00:28.61 | 00:27.55 | 00:27.55 |
| 100m Butterfly | 01:20.55 | 01:20.55 | 01:16.92 | 01:04.97 | 01:04.57 | 01:03.75 | 01:00.56 | 01:00.14 |
| 200m Butterfly | 03:00.43 | 03:00.43 | 02:51.69 | 02:23.13 | 02:17.18 | 02:15.20 | 02:13.87 | 02:11.02 |
| 100m Ind. Medley | 01:33.20 | 01:24.30 | 01:19.40 | 01:15.30 | 01:13.70 | 01:12.10 | 01:11.30 | 01:09.20 |
| 200m Ind. Medley | 02:55.14 | 02:55.14 | 02:41.29 | 02:25.88 | 02:20.49 | 02:20.00 | 02:15.69 | 02:14.48 |
| 400m Ind. Medley | 06:00.78 | 06:00.78 | 05:41.93 | 05:08.59 | 04:56.62 | 04:54.25 | 04:47.79 | 04:41.49 |



City of Leeds S.C.

September Meet 2025

Summary of Club Entries

| | | | |
|----------------|---|---|--------|
| Male Entries | Number | @ £8.50 | Cost £ |
| Female Entries | Number | @ £8.50 | Cost £ |
| Coaches Passes | Number | @ £25.00 | Cost £ |
| Total cost | | | Cost £ |
| BACS Code | SEP25(CLUBCODE) Account Name: COLSC Sort Code: 402733 Account No: 41552961 | Your club code is something we will use to identify your payment e.g Leeds = COLEEDS (SEP25COLEEDS) | |

Entries to be received by 5th September 2025

Club

Signed

Email address

Contact address.....

.....

.....

.....

Poolside Passes

| <i>Name of Coach with DBS Check</i> |
|-------------------------------------|
| |
| |
| |
| |
| |
| |
| |
| |
| |

ALL DATA WILL BE PUBLISHED ON www.swimleeds.org.uk

Entries to Gala Entry Secretary, leedsentries@gmail.com
Entries sent to other addresses will not be accepted



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City of Leeds S.C.
September Meet 2025
Individual Entry Form
 Sat 27th Sept/ Sun 28th Sept 2025
 John Charles Centre for Sport

| | | | | |
|---|--|---|--------|---------------|
| Name | | | | Male / Female |
| Address | | | | |
| Telephone No* (We require a contact No)* | | | E-mail | |
| Date of Birth | | Age as at 28 th September 2025 | | |
| Club | | | | |
| Swim England Number | | | | |

ALL TIMES TO BE 25m POOL TIMES (Short Course)

| EVENT | ENTRY TIME | Event no | EVENT | ENTRY TIME | Event no |
|-----------------|------------|----------|-------------------|------------|----------|
| 50m Freestyle | | | 50m Breaststroke | | |
| 100m Freestyle | | | 100m Breaststroke | | |
| 200m Freestyle | | | 200m Breaststroke | | |
| 400m Freestyle | | | 50m Butterfly | | |
| | | | 100m Butterfly | | |
| | | | 200m Butterfly | | |
| 50m Backstroke | | | 200m IM | | |
| 100m Backstroke | | | 200m IM | | |
| 200m Backstroke | | | 400m IM | | |

| | | | |
|----------------------|--|---------------------------|---|
| Total No. of Entries | | @ £9.00 per event = Total | £ |
|----------------------|--|---------------------------|---|

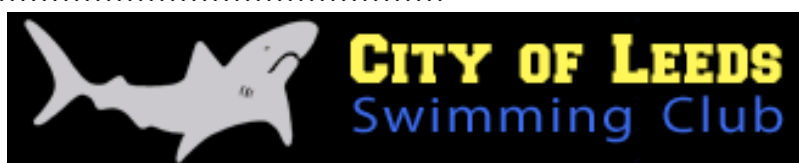
BACS Payments should be paid to the following account (Account Name: COLSC, Account Sort Code: 402733, Account No: 41552961)

Entries must be received by the closing date 5th Sept 2025

Please accept my entries for the events indicated above. The time indicated against each event has been achieved. I declare that the details entered in this form are correct, that I am an eligible competitor in accordance with the WAQUA Laws and that I agree to abide by the meet conditions.

- Please note any clubs submitting more than 5 entries must do so using the sports sys file which will be available for download on our website.

Signature



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