





## AQUATICS CENTRE – SHORT COURSE – 25m Saturday 17<sup>th</sup> January 2026

Arrive 12.30pm; Warm Up 12:45pm; Parade: 13:30pm, Start 13:45pm

Event 1	STS Female	50m Breaststroke
Event 2	Stage 8 Female	50m Breaststroke
Event 3	STS Open	50m Backstroke
Event 4	Stage 8 Open	50m Backstroke
Event 5	STS Female	50m Butterfly
Event 6	Stage 8 Female	50m Butterfly
Event 7	STS Open	50m Freestyle
Event 8	Stage 8 Open	50m Freestyle
Event 9*	Stage 8 Female	25m Butterfly (9 Yrs Under)
Event 10*	Stage 8 Open	25m Butterfly (9 Yrs Under)
Event 11	STS Female	50m Backstroke
Event 12	Stage 8 Female	50m Backstroke
Event 13	STS Open	50m Breaststroke
Event 14	Stage 8 Open	50m Breaststroke
Event 15	STS Female	50m Freestyle
Event 16	Stage 8 Female	50m Freestyle
Event 17	STS Open	50m Butterfly
Event 18	Stage 8 Open	50m Butterfly

\*The 25m butterfly is an alternative event for the 9 years and under Stage 8 swimmers. If a swimmer chooses to enter the 25m butterfly, they will not be able to swim in the 50m butterfly event (and vice versa).

All events will be on a Heat Declared Winner basis with medals/awards as follows:

8-10 years – Medals for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> from the City of Leeds STS (Swim Training Scheme).

7-12 years – Medals for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> for the Stage 8 swimmers in each event and category.

11 & 12 years – Medals for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in each age group.

Competitor's age 7, 8, 9, 10, 11, 12 years only (AGE AT 31st December 2026)

## \*Entries for Stage 8 Swimmers\*

Swimmer's entries can be made online using this link.

https://swimleeds.myswimmingclub.uk/competitions/23

Centre receptions will no longer be taking entry forms or payment. Payment needs to be made with your online entry by 21:30 on Monday 15<sup>th</sup> December.

Each Stage 8 is responsible for providing two volunteers to help out. This must be emailed to Anna Darnell (anna.darnell79@gmail.com)

## \*Entries for City of Leeds Swimmers\*

Entries and payment for City of Leeds Swimming Club members should be made using your online account from the 4<sup>th</sup> December (<u>www.swimleeds.myswimmingclub.co.uk</u>) Entries will close at <u>21:30 on Monday 15<sup>th</sup> December.</u>

**ENTRY FEE IS £4.00 PER EVENT.** 

BALCONY ACCESS NOT AVAILABLE UNTIL 12.15PM. Entry fee £3 per person (CASH ONLY!)
ENTRIES ARRIVING AFTER THE CLOSING DATE WILL NOT BE ACCEPTED





- Coaches should ensure that all swimmers can complete the events they enter complying with WASL Law.
- Please check all years of birth carefully before submitting entries. Entries without years of birth will be rejected.
- The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.

All heats will be pre-selected. A provisional programme will be on City of Leeds website (<a href="www.swimleeds.org.uk">www.swimleeds.org.uk</a>) one week after the closing date. Please check for any errors and return to the email address <a href="mailto:leedsentries@gmail.com">leedsentries@gmail.com</a> within a few days to correct any errors.

We appreciate volunteers for this event so please email <u>anna.darnell79@gmail.com</u> if you are interested in doing this. If this is your first meet with the City of Leeds Swimming Club here are a few pointers for the Meet. Your child will need to bring:

- Drink in suitable water bottle
- Some snacks for between events; pasta bowl, cereal bar etc
- A spare towel
- Shorts & T-shirt



