City of Leeds S.C.

IN ASSOCIATION WITH LCC

2026
City of Leeds Summer Meet
LEVEL 3
At

AQUATICS CENTRE
JOHN CHARLES CENTRE FOR SPORT

Sat 20th & Sun 21st June 2026

www.swimleeds.org.uk

City of Leeds S.C.
Summer Meet 2026
Meet Information

DATES	Saturday 20th June and Sunday 21st June 2026
VENUE	Aquatic Centre John Charles Centre for Sport, Middleton Grove Leeds LS11 5DJ
FACILITIES	10 lane 50m Pool, Anti-wave lane ropes and Electronic timing.
INDIVIDUAL ENTRIES	leedsentries@gmail.com
SPORTSYSTEMS ENTRIES	leedsentries@gmail.com
AGE GROUPS	BOYS 9, 10, 11, 12, 13, 14, 15/Ov Years GIRLS 9, 10, 11, 12, 13, 14, 15/Ov Years
EVENTS	HDW in all Events 50m all strokes 100m/200m all strokes & 200 IM 400m Freestyle & 400m IM
AWARDS	Medals will be given to the first 3 places in each age group category.
PURPOSE OF THE MEET	To enable athletes to achieve times suitable for entry into Regional and County Championships and other Meets at Level 1 or Level 2
FEES	**£8.50 per event (SportSystem entry files, Via email)** **£9.50 per event (individual entries via email, payment paid by BACS to COLSC)** Coaches passes for the weekend are £25 (Includes a Programme, start sheets as well as Lunch and refreshments)

CITY OF LEEDS Swimming Club

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City of Leeds S.C.
Summer Meet 2026
Event Schedule

Morning Session

Session One
Saturday 20th June 2026
Warm Up 8:00am Start 9:00am

Boys	9 – 16/OV	400m IM
Girls	9 – 16/OV	200m IM
Boys	9 – 16/OV	100m Backstroke
Girls	9 – 16/OV	100m Freestyle
Boys	9 – 16/OV	200m Breaststroke
Girls	9 – 16/OV	200m Butterfly
Boys	9 – 16/OV	50m Butterfly
Girls	9 – 16/OV	50m Breaststroke

Session Three
Sunday 21st June 2026
Warm Up 8:00am Start 9:00am

Girls	9 – 16/OV	400m IM
Boys	9 – 16/OV	200m IM
Girls	9 – 16/OV	100m Backstroke
Boys	9 – 16/OV	100m Freestyle
Girls	9 – 16/OV	200m Breaststroke
Boys	9 – 16/OV	200m Butterfly
Girls	9 – 16/OV	50m Butterfly
Boys	9 – 16/OV	50m Breaststroke

Afternoon Session

Session Two
Saturday 20th June 2026
Warm Up 1:00pm Start 2:00pm

Girls	9 – 16/OV	400m Freestyle
Boys	9 – 16/OV	200m Freestyle
Girls	9 – 16/OV	100m Breaststroke
Boys	9 – 16/OV	100m Butterfly
Girls	9 – 16/OV	200m Backstroke
Boys	9 – 16/OV	50m Backstroke
Girls	9 – 16/OV	50m Freestyle

Session Four
Sunday 21st June 2026
Warm Up 1:00pm Start 2:00pm

Boys	9 – 16/OV	400m Freestyle
Girls	9 – 16/OV	200m Freestyle
Boys	9 – 16/OV	100m Breaststroke
Girls	9 – 16/OV	100m Butterfly
Boys	9 – 16/OV	200m Backstroke
Girls	9 – 16/OV	50m Backstroke
Boys	9 – 16/OV	50m Freestyle

CLOSING DATE
On or before 12:00pm FRIDAY 1st MAY 2026

CITY OF LEEDS Swimming Club

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City of Leeds S.C.
Summer Meet 2026
Meet Conditions

1. The Competition shall be held under World Aquatics Rules (WAQUA), World Para-Swimming (WPS) rules and regulations where relevant, the British Swimming Judicial Code and any additional conditions (printed in the respective Meet Information). Where WAQUA Rules do not provide (e.g. Health and Safety Regulations or Child Protection Guidelines) the requirements of Swim England shall apply to events held in England.
2. Entries - These are only accepted from competitors registered as members of Swim England, Scottish Swimming, or Swim Wales or competitors who have Great Britain as their WAQUA and WPS recognised 'sport nationality' and are a member of a club within a Federation that is affiliated to WAQUA, WPS and that WAQUA, WPS or the UK Government has not deemed ineligible to compete. Where required to do so, competitors shall present their passport for age and nationality verification to the British Swimming Events Officer.
3. Age as at **21st June 2026**.
4. This meet will be run using the linked Sportsystems software, please use a training time where no time is available. **Converted short course times can be used and the Sportsystem entry file will be produced to accept these times. The SportSystems File will be released on the 28/04/2026.**
5. The promoter reserves the right to limit entries to meet gala license timing restrictions. Where this rule is invoked, the meet will be filled on based on **FIRST COME, FIRST SERVED**. Rejections will be made in each event rather than by club to ensure the smooth running of the competition. Events chosen for restrictions will be at the meet organisers' discretion.
6. All entries and rejections will be posted on the City of Leeds Swimming Club Website.
7. Any Electronic entries received after the closing date will not be accepted.
8. BACS Payments should be made using the appropriate club code. For this Meet it is **JUN26(Your Club Code)** Your club code is something we will use to identify your payment e.g Leeds = COLEEDS (JUN26COLEEDS).
9. Bank Details for BACS payments are Account Name: COLSC Sort Code: 402733, Account No: 41552961
10. Withdrawals
    - Heats – Must notify the meet desk before the start of the warm up.
      Email: leedsentries@gmail.com
11. No poolside entries will be accepted unless the meet is not full, this is at the discretion of the Meet Director.
12. All events will have two categories – Female and Open. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary

Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.

13. All competitors must go through marshalling. If a competitor does not report to marshalling in time the event will proceed without the competitor.
14. Strictly no diving in or climbing over pads is permitted during warm up in the competition pool.
15. If cancellation of the event is necessary, then the only claim will be the entry fees paid.
16. Refunds will not be given for withdrawn swimmers, for entry errors or omissions attributable to the individual or their club. Only to individuals who can prove they are not fit to compete through evidence of a doctor's note may be given a refund.
17. A draft programme will be posted on the web site. All rejected swim refunds will be returned to the relevant clubs during the gala, or through BACS if requested.
18. The Referee's decision regarding the interpretation and judgement of any WAQUA rules or laws is final.
19. City of Leeds Swimming Club accepts no responsibility for loss or damage to competitors personal belongings, how so ever caused, unless such damage is caused by the negligence of the City of Leeds Swimming Club.
20. City of Leeds Swimming Club and the Meet Organisers are not responsible for individual swimmers on poolside. All swimmers on poolside should be accompanied by a person with a coaches pass and who has had a DBS check.
21. If the event the competition is cancelled due to government restrictions, all entries will be refunded in full.
22. Spectators will only be allowed if Leeds City Council and current government guidelines allow.
23. "Over the top" starts will be used in the heats at the discretion of the promoter.
24. Backstroke ledges will be available and used at the promoter's discretion.
25. No swimmers are allowed up to the balcony.
26. Swimmers must wear footwear when leaving the pool area.
27. A mobile strobe will be available throughout the competition. Any competitor who needs to use it should notify the event referee prior to the start of the session.
28. The promoter reserves the right to refuse admission to any competitor or spectator.
29. Swimmers with a disability shall swim under IPC Rules.
30. Qualifying times for disability competitors are not required. However, entry times shall be submitted for the purpose of seeding the heats.
31. Personal Care Attendants/Coaches: Personal care attendants will only be permitted for swimmers in the following classes: S1, S2, S3, S4, S5 and S11. A swimmer in any of these classes may have both a coach and a personal care attendant present. No charge will be applied for personal care attendant. Poolside passes; coaches' passes shall attract

the advertised fee. All coaches, chaperones and personal care attendants must conform to the Swim England child protection procedures and hold a current DBS certificate.

32. The competition format will be based on disability inclusion within the able-bodied programme i.e. there will be no separate events for swimmers with disabilities. All swimmers will be seeded in the heats according to their entry times. Disability competitors will be included within the results for their age group.
33. Officials are reminded that City of Leeds Swimming Club is an environmentally responsible club and aims to limit the use of single use plastic. Therefore, please do bring a water bottle, we will happily keep it filled up.
34. All officials are required to use the upstairs changing facility, whilst swimmers must use the poolside changing rooms.
35. No camping chairs are allowed to be used in the facility.
36. Any point not covered by these rules will be at the discretion of the Meet organisers.

City of Leeds S.C.
Summer Meet 2026

Consideration Times

Swimmers must **not** be faster than the times listed below.

LONG COURSE TIMES (short course converted will be accepted)

Male							Events	Female						
9	10	11	12	13	14	15/O		9	10	11	12	13	14	15/O
00:32.4	00:32.4	00:30.8	00:29.1	00:27.7	00:26.6	00:25.8	50m Freestyle	00:32.8	00:32.8	00:31.3	00:29.9	00:29.0	00:28.5	00:28.1
01:10.6	01:10.6	01:06.6	01:02.5	00:59.2	00:57.0	00:55.6	100m Freestyle	01:12.1	01:12.1	01:07.2	01:03.7	01:02.0	01:00.9	01:00.2
02:32.3	02:32.3	02:24.0	02:15.6	02:08.7	02:03.8	02:00.8	200m Freestyle	02:33.1	02:33.1	02:24.5	02:16.9	02:12.9	02:10.9	02:09.0
05:20.5	05:20.5	05:00.5	04:44.0	04:30.9	04:21.9	04:15.2	400m Freestyle	05:24.0	05:24.0	05:00.1	04:44.6	04:37.2	04:33.1	04:29.3
00:37.4	00:37.4	00:35.5	00:33.6	00:31.6	00:30.5	00:29.4	50m Backstroke	00:37.4	00:37.4	00:35.5	00:33.9	00:32.8	00:32.1	00:31.8
01:21.4	01:21.4	01:15.3	01:10.9	01:06.7	01:03.8	01:01.7	100m Backstroke	01:21.4	01:21.4	01:15.4	01:11.2	01:08.8	01:07.6	01:06.4
02:50.8	02:50.8	02:40.1	02:31.2	02:22.9	02:16.9	02:12.8	200m Backstroke	02:52.2	02:52.2	02:39.1	02:31.3	02:27.3	02:24.6	02:22.0
00:42.5	00:42.5	00:40.0	00:37.5	00:35.1	00:33.7	00:30.0	50m Breaststroke	00:42.7	00:42.7	00:40.1	00:38.0	00:36.6	00:35.8	00:35.2
01:32.8	01:32.8	01:26.0	01:20.5	01:15.3	01:12.2	01:08.8	100m Breaststroke	01:33.3	01:33.3	01:25.9	01:21.3	01:18.1	01:15.8	01:15.1
03:18.1	03:18.1	03:04.7	02:53.6	02:43.2	02:36.1	02:31.5	200m Breaststroke	03:18.3	03:18.3	03:04.4	02:54.3	02:47.5	02:43.7	02:42.1
00:36.4	00:36.4	00:34.1	00:32.3	00:30.5	00:29.2	00:28.1	50m Butterfly	00:36.3	00:36.3	00:34.5	00:32.7	00:31.7	00:31.0	00:30.4
01:22.6	01:22.6	01:15.4	01:10.4	01:06.2	01:03.2	01:00.9	100m Butterfly	01:22.5	01:22.5	01:15.4	01:11.0	01:08.8	01:07.0	01:06.4
03:00.8	03:00.8	02:44.7	02:35.1	02:26.3	02:19.9	02:13.8	200m Butterfly	03:03.1	03:03.1	02:46.5	02:35.8	02:30.2	02:26.0	02:23.9
02:54.9	02:54.9	02:43.4	02:34.2	02:26.6	02:19.9	02:16.1	200m Ind. Medley	02:54.8	02:54.8	02:43.2	02:34.7	02:30.7	02:27.7	02:25.8
06:16.4	06:16.4	05:46.6	05:25.2	05:09.6	04:56.4	04:47.5	400m Ind. Medley	06:15.5	06:15.5	05:44.3	05:25.6	05:15.3	05:09.7	05:06.0

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CITY OF LEEDS Swimming Club

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Summary of Club Entries

Male Entries	Number	@ £8.50	Cost £
Female Entries	Number	@ £8.50	Cost £
Coaches Passes	Number	@ £25.00	Cost £
Total cost			Cost £

Entries to be received by 1st May 2026

Club ……

Signed ……..

Email address ……

Contact address……...
……..
……
……

Poolside Passes

Name of Coach with DBS Check

CHEQUES TO BE MADE PAYABLE TO CITY OF LEEDS S.C

ALL DATA WILL BE PUBLISHED ON www.swimleeds.org.uk

Entries to Gala Entry Secretary at leedsentries@gmail.com
Entries sent to other addresses will not be accepted

CITY OF LEEDS
Swimming Club

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City of Leeds S.C.
Summer Meet 2026
Individual Entry Form
Sat 20th & Sun 21st June 2026
John Charles Centre for Sport

Name				Male / Female
Address				
Telephone No* (We require a contact No)*		E-mail		
Date of Birth		**Age as at 21st June 2026**		
Club				
ASA Number				

ALL TIMES ARE TO BE CONVERTED TO LONG COURSE

EVENT	ENTRY TIME	Event no	EVENT	ENTRY TIME	Event no
50m Freestyle			50m Breaststroke		
100m Freestyle			100m Breaststroke		
200m Freestyle			200m Breaststroke		
400m Freestyle			50m Butterfly		
50m Backstroke			100m Butterfly		
100m Backstroke			200m Butterfly		
200m Backstroke			200m IM		
			400m IM		

Total No. of Entries		@ £9.50 per event = Total	£

Payment should be made by BACS to City of Leeds (Account: COLSC, Sort Code: 402733, Account No: 41552961)

Please return entries by **Closing Date 1st May 2026**

Please accept my entries for the events indicated above. The time indicated against each event has been achieved. I declare that the details entered in this form are correct, that I am an eligible competitor in accordance with the ASA Laws and that I agree to abide by the meet conditions.

Signature ……

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